

Here to help those

Vital support for young people as they make their way in life



Places to go, things to do

Find out what's going on in the borough this month

SEE GET A LIFE, INSIDE

ISSUE 999 3 - 9 MARCH 2014

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NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNIT

Jailed for 'cynical' easy money scam

customers out of hundreds at the Old Bailey.

BY STAFF REPORTER of thousands of pounds in a scam offering lorry FOUR men who cheated driver training were jailed

£1 million from the fraud, but spent just £44,250 on limited

The gang ran companies training for people paying for vehicles (LGV).

Mohammed Shuab Miah, 28, of Ponler Street, Shadwell, 27, of Bigland Street, Shadwell, and Simon Brindley, 46, of Kensington Road, Southendon-Sea, were found guilty at the Old Bailey on February 24 of four counts of fraudulent trading.

Rahman, 27, of Penang Street, defendants. Wapping had pleaded guilty to four fraudulent trading offences before the trial began.

A fifth defendant, Amzad Ali, 27, also from Tower Hamlets, was acquitted of all charges.

The court heard they carried out the fraud through a number of LGV training businesses based at Canary Wharf between November 2009 and September 2012, trading at various times as Highway LGV, LGV Specialist, Blackwater LGV and Quickpass LGV.

Each of the limited companies run by the men conned customers into paying for training through a variety of false representations.

The people affected typically long investigation which which made more than courses to drive large goods bought training courses to obtain an LGV licence, priced between £1,000 and £3,000.

Mohammed Saidur Rahman, unemployed and were looking the fraud as a "cynical ploy". to re-train as lorry drivers in the hope of gaining new employment.

The fraud was identified by the council's trading standards team following a number of complaints about the busi-Sheikh Muhammad Osama nesses registered to the relation to loss deliberately

The prosecution followed a

started in June 2010.

Sentencing the four men at the Old Bailey on February 25, Many of the victims were the Hon Judge Bevan described

He said they shared the desire to make easy money at the expense of other people.

"You are now, and appear to remain, contemptuous of your victims and any mitigation pales into insignificance in caused to others," he said.

Continued on page 2

CELEBRATION FOR LANGUAGE LEARNERS



Agata, aged 18, and Karina, 17, from the EC Lighthouse Lithuanian School were among the performers and award winners at the annual International Language Day celebrations held at York Hall, Bethnal Green last week. More photos and the full story on pages 16 & 17.







The place to turn

To report suspected frauds or concerns about a company's activities call the trading standards team on...

7364 5008



Get your name on the register

The deadline to register to vote in this year's local and European elections is Tuesday, May 6. For more information call 7364 0872, email vote@towerhamlets.gov.uk or visit...

www.towerhamlets.gov.uk/vote

News

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abc

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East End Life is printed on recycled paper - when you have finished with the newspaper, please recycle it.



Mohammed Shuab Miah and Sheikh Muhammad Osama



Mohammed Saidur Rahman

Truck driver training swindlers are jailed

Continued from page 1

The training package offered by the companies was supposed to cover a theory test followed by practical driving experience at specified training locations

The first part of the training, which cost the company a minimal amount to organise, was generally provided.

But when a customer wanted to book the practical training, they would be given different excuses about why it could not be commenced, for example, that there were strikes at the Driving Standards Agency.

The fraud was backed by sophisticated marketing with professional-looking websites

and brochures, giving the impression that clients would be dealing with a legitimate training company, which would also offer job opportunities.

During the six-week trial, the jury heard from more than 15 witnesses from all over the UK who had been duped into purchasing LGV training from the defendants.

Mayor Lutfur Rahman said: "The victims of these fraudsters included the unemployed and it was despicable that they were taking money from those who need it most."

Deputy Mayor Cllr Ohid Ahmed said: "This case was a calculated and deceitful fraud



Simon Brindley

people. Trading standards will continue to investigate companies to the full who arouse suspicion from their customers."

Sheikh Muhammad Osama Rahman was sentenced to six years and four months impriswhich preyed upon vulnerable onment and disqualified from

being a director of a company for 12 years.

Miah, Mohammed Saidur Rahman and Brindley were each sentenced to four-and-ahalf years imprisonment.

Rahman was disqualified from being a director for ten years, Miah was disqualified for five years and Brindley was disqualified for ten years.

Brindley had already been prosecuted for similar crimes by Enfield Council and had been jailed for 16 months last December.

To report suspected training scams or concerns about a company's trading activities contact the council's trading standards team on 7364 5008.

eastendlife

Jailed for 'cvnical' easy money scam



Inside this week's issue

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Your elected representatives

In Tower Hamlets there are 51 councillors in 17 wards: 27 Labour, 14 independent, seven Conservative, two Respect and one Liberal Democrat. To contact your councillor call member services on...

Find out more For more information about the

budget proposals being considered for the next financial year, go to...

WWW.TOWERHAMLETS.GOV.UK/COMMITTEE

Meeting to determine the budget for 2014/15

BY SUSAN MULLIGAN

THE council will meet this week for a second meeting to set a budget and council tax levels for the 2014/15 financial year.

Last week's initial meeting discussed the budget proposals put forward by Mayor Lutfur Rahman and also considered amendments from the Labour and Conservative groups.

Mayor Rahman said his plans had four main principles: to protect vulnerable people and services that residents rely on, to reduce the cost of living for residents, create growth and regeneration, and be a lean, flexible and citizen-centred

Among the main priorities was to re-locate the town hall from Poplar to Whitechapel and continue free homecare

There would be no cuts to frontline services.

Labour group amendments proposed by Cllr Carlo Gibbs and seconded by Cllr Sirajul Islam were accepted.

They included free school meals for all primary school pupils, a council-run lettings service to support residents moving into the private sector



Mayor Lutfur Rahman

and the restoration of the our commitment to protect see their tax cut; more action fireworks display in Victoria Park.

Both the mayor and Labour council tax. Neither of the Conservative

group's two amendments were accepted.

in our communities to see them through the worst.

"That has been vindicated standards." and as the economy slowly bottoms out and some sectors begin to recover, we need to lay the seeds for future growth.

"This budget emphasises jobs



Cllr Carlo Gibbs

frontline cuts.'

Cllr Gibbs said: "I'm pleased group are proposing to freeze that our motion was passed last a number of things that should be higher priority.

"Free school meals is one of Mayor Rahman said: "Last the main proposals in our further meeting this Thursday, year we took a decision to invest budget, given the level of child poverty in the borough

Conservative councillor David Snowdon said: "This budget is not in the best interests of residents of this borough.

"I am sure the people of and infrastructure alongside Tower Hamlets would prefer to committee



the vulnerable and prevent on dog mess and potholes; more police on the streets; and an end to bulk waste charges."

The mayor must now week. Our view is that there are decide whether to accept any of the amendments agreed by the council before bringing his budget proposals back to a March 6.

The mayor's budget will be and the squeeze on living adopted unless two thirds of those councillors present vote to amend them in line with last week's decision

> For more information about the budget proposals, go to www.towerhamlets.gov.uk/



Hailley's design had 'intensive magma colours'

TWO students from Tower Hamlets College showed they are a cut above when they reached the regional finals of a hairdressing competition.

Raminta Petuchovaite, 28, and Hailey Miller, 30, who are both studying hairdressing, made it through to the southern regional heat of the Wella **Professional Xposure** Competition. Raminta said her entry, an

asymmetrical bob, was inspired by fire and passion. "This style was inspired by the geometric cuts made famous by Vidal Sassoon," she added.

Hailey designed a geometric, concave style with "shimmering and slicing of intensive magma colours".



Raminta Petuchovaite

The regional finals will be held in Southampton in April. Tutor Deborah Du Barry said: "I'm over the moon that two entries from the college have made it through. It really highlights the fantastic quality of work and skills shown by the students. They are an inspiration to others and we wish them the very best of luck in Southampton."

News in brief

Biker crash appeal

POLICE are appealing for witnesses to come forward after an accident involving a lorry and a motorcyclist in the Blackwall tunnel last Thursday morning.

The 37-year-old motorcyclist was taken to an east London hospital suffering from potentially life-changing leg injuries. His condition is described as serious but stable.

Police were called by London Ambulance Service to the northbound tunnel, just before 8am and the tunnel remained | Poplar from 1-4pm.

closed for several hours, causing huge delays to traffic both north and south of the river.

Anyone with information should call 8285 1574.

Swap till you drop

A SWISHING event is being held on Saturday, March 8 when residents can take along up to 15 items of good quality clothing and shoes they no longer want and receive tokens to spend on other items.

Go along to the Brownfield EcoHub in St Leonard's Road,





A 21st century Emma

Miss Match is a modern adaptation of Jane Austen's Emma, with the colour and flair of Bollywood thrown in.



Stars to attend screening

A London-based thriller, Honour stars Aiysha Hart (left) and Nikesh Patel who will also be at the screening on March 8 which celebrates the launch of the Cutting East programming team.

News

A modern take on a classic

BY STAFF REPORTER

YOUNG people braved the rain for a productive day of filming in Victoria Park during half-term to capture the grand dance finale of a film being made by A Team Arts.

Miss Match is the latest production by the council's youth arts division and is a contemporary adaptation of Jane Austen's Emma, with the colour and flair of Bollywood thrown in.

The classic novel comes alive in 21st century east London, involving the acting and dancing skills of the regular cast from House of Talent, who were day. A wide range of young premiered at the Cutting East 21 to get involved in programjoined by IMD and Embrace Dance companies as well as extras who turned up on the



Some of the youngsters filming in the rain at Vicky Park

people have been taking part in the production over a number of months and the film will be ty for young people aged 16 to

Festival in June.

The festival is an opportuni-

ming films and events, and gain practical skills.

It takes place from June

20-22 and there is still time to get involved.

If you would like to join the team and take part in the festival go to www.cutting east.co.uk to find out more.

Ten new young programmers from the borough have joined the Cutting East team and will be making their curatorial debut this weekend.

They will be appearing alongside British Asian film director and writer Shan Khan at the UK Premiere of Honour at Genesis cinema in Mile End on Saturday, March 8 at 5pm.

There will be a special price ticket of £3.50 for all under-21s and two pairs of tickets are up for grabs for East End readers.

Email honour competition to cutting-east@eastendfilm **festival.com** to enter the draw.

Event raises awareness

THE Bangladeshi Mental Health Forum is holding its annual Bangladeshi **Mental Health Awareness** Day on Wednesday, March 12.

The theme of this year's event is young people & mental health improving access to services, and aims to highlight the challenges young people face that impact on their mental

It is also aimed at raising awareness about mental health services that can support them.

The day will be packed with activities, information and entertainment and is also an opportunity to engage in discus-

All are welcome between 11am and 3pm at the London Muslim Centre, 82-92 Whitechapel Road, E1.



advice on a wide variety of legal issues.

The Legal Advice Centre runs a term time only appointment system once a week. If we can help you, we will provide written advice within 14 working days of the appointment. We cannot represent you in court, but will refer you to an organisation that can. To make an enquiry, contact:

Legal Advice Centre, **School of Law**

Queen Mary, University of London Mile End Road, London E1 4NS Tel: 020 7882 3931 Fax: 020 7882 7006

email: lac@gmul.ac.uk www.facebook.com/QMLAC https://twitter.com/QMLAC

www.advicecentre.law.qmul.ac.uk



School of Law



Funds still needed to finish memorial

The Stairway to Heaven Trust still needs donations to complete the memorial that has been partially built in Bethnal Green Gardens close to the scene of the 1943 tragedy. To find out more go to...

WWW.STAIRWAYTOHEAVENMEMORIAL.ORG

'Strongly committed'

"Barts Health is strongly committed to improving the survival and outcomes of cancer patients in London."

SEE BELOW

News



YEAR 6 children at Three of the children who **Bonner Primary School** died in the crush as people heard what life was like for sought shelter from an children living in war-torn expected air raid had Bethnal Green during World attended Bonner and five War II last week. others were former pupils. They were visited by two Babs Clark (above right), members of the Stairway to who survived the tragedy,

memorial to the people who also survived. died in the Bethnal Green She was 11 years old and was Tube disaster of 1943. going down the steps into

the station when she fell in the crush. Luckily, her sister Jean, 16, managed to pull her upright and hold on to her until they were rescued. Babs was accompanied on the visit last Wednesday by Sanda Scotting (above left), trust secretary, and pupils pledged to raise some money towards the final phase of the memorial where the names of the



children who died are listed. ■ The 71st anniversary of the Bethnal Green Disaster was due to be held on Sunday, March 2 at St John on Bethnal Green church and later at the memorial in Bethnal Green Gardens.

supporting

News in brief **Cancer collections**

MARIE Curie's Great Daffodil Appeal runs throughout March to raise money so the charity's nurses can provide more free care to people with terminal illnesses in their own homes.

Collections are being organised at Cabot Place, Canary Wharf on Monday, March 17 and at Tesco Bromley-by-Bow on March 20 and 21.

Call 7599 7300 or visit www. mariecurie.org.uk/daffodil.

Awards for Tigers

MEMBERS of London Tigers' women's projects celebrated International Language Day with dance, storytelling, poetry recitation and live music from performers as young as five.

Held on February 22 at Stepney Green School, the event was followed by an awards ceremony, presented by Deputy Mayor Cllr Ohid Ahmed, Cllr Rofique Ahmed and Cllr Rachael Saunders, for people who had taken part in London Tigers women's fitness projects.

"It's brilliant to see these ladies have the confidence to take an active part in their community," said Sulthana Begum, women's projects manager at London Tigers.

Nappy morning

PARENTS and carers can get to grips with real nappies at a Nappuccino event this Thursday, March 6 from 10.30am-12.30pm.

Residents must register for the event at Idea Store Whitechapel, Whitechapel Road, E1, as spaces are limited. Take along proof of identity and address to obtain a voucher worth £40 to buy real nappies on the day.

To register call 7364 6931 or email ruhina.akter@tower hamlets.gov.uk

Outcry over NHS cancer care plan

described what happened to

her. Her mother and sister

BY LARAINE CLAY

PLANS to move some specialist cancer services out of east and north London may be reviewed after an outcry by doctors and health campaigners.

Heaven Memorial Trust,

which is raising money for a

A public meeting held at the Jagonari Centre in Whitechapel last Wednesday to discuss the proposed changes was told that NHS England had decided to look again at the plans.

The meeting was called by campaign groups including Tower Hamlets Keep our NHS Public and Tower Hamlets BMA (British Medical Association), who were concerned that the proposals would damage local health services, particularly the Royal London Hospital's role as a specialist accident centre.

The plans would see the most that could be damaged by complex surgery for brain, kid- moving key staff away. ney, bladder, prostate, stomach and oesophagus cancers moving from Barts Health NHS Trust to hospitals in central London. NHS England says this would provide better outcomes for patients, as well as saving money.

Neil Kennet-Brown, a programme director for NHS England, who is leading on cancer change programmes, and Dr Steve Ryan, medical director at Barts Health NHS Trust, told the meeting there was a strong clinical case for centralising some services.

But opponents to the plans – including GPs, consultants and residents – highlighted their concerns. Consultant surgeon Ajit Abraham urged planners to

Concerns were also raised about the long journeys cancer sufferers would have to make for treatment.

A statement from Barts Health NHS Trust said the proposals would mean a minimal number of specialist cancer operations less than one per cent – were not performed at the trust.

"We will ensure that the world-leading trauma team at the Royal London continues to provide high-quality care for major trauma patients, and are working with our clinicians and the public to fully consider and mitigate the impact of the proposed changes."

The proposals can be found at www.england.nhs.uk/london protect strong existing services /london-2/engmt-consult

Supporting Care offers a care at home service, tailored to suit each of our individual client's needs. Supporting Care provides the highest quality homecare to vulnerable and elderly clients, providing support for them as well as their friends and families. We like to work in partnership with our clients, and their carers as we believe this is a two way process. There are times in our lives when we may require some help with our day to day living. This can simply be following a stay in hospital, help on a long term basis due to general ill health, disability or lack of mobility. Supporting Care aims to enable you to maintain and retain your independence while at the same time living in the comfort of your own home in surroundings that you are familiar with. We aim to provide assistance and support so that you may continue to live your life the way you choose.

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- 1 Wigram House, Wades Place Poplar, London, E14 0DA





Voice your concerns

To book an appointment at the mayor's fortnightly surgeries at Idea Stores in Whitechapel and Chrisp Street call...



How to contact Mayor Rahman

The mayor's web pages can be viewed at **www.tower** hamlets.gov.uk/mayor or email him at mayor@tower hamlets.gov.uk or call 7364 4993.

WWW.TOWERHAMLETS.GOV.UK

News from the Mayor

ONCE more a small group tried to spread intolerance and provoke trouble in our borough last weekend.

Vigilantes, calling themselves a 'Christian patrol', came to Tower Hamlets handing out offensive leaflets and trying to divide our community.

The East End has a proud tradition for telling such people they are not welcome here.

The council is working with our community partners, including the police, to reassure residents and shop owners in is supporting young people, the area.

I'm pleased our trading standards officers got a great invested £10 million a year in result this week in a case of lorry driver training fraud, with tough sentences handed out by the court.

Many of the gang's victims were unemployed and lost not just money but training that could have led to work.

Last month it was inspiring to meet many of the dedicated people who work hard for the community as volunteers.

The Third Sector Excellence Awards was a small way of next generation to achieve their recognising their achievements and thanking them.

There may have only been a few ple of Tower Hamlets really won. They benefit from the sterling



LUTFUR | MAYOR OF RAHMAN | TOWER HAMLETS

efforts of voluntary groups all

As mayor, one of my priorities who are our future.

This is why the council has youth services. So it was great to see so many young people take part in more than 100 free activities and workshops during half-term.

I hope they not only enjoyed the events but also picked up a new skill or interest

This week the council has organised an exciting week-long programme of events to mark International Women's Day.

The focus is on inspiring the potential and encouraging gender equality.

I hope as many young women winners that night but the peo- as possible take part in the

Proud traditions | FIFA fans show skills in PlayStation competition

BY STAFF REPORTER

ABOUT 60 youngsters pitted their Playstation skills against each other in a tournament held in Shadwell.

The players from three youth groups were taking part in the inaugural FIFA PlayStation Football Tournament at the Tarling East Community Centre

The Rooted Forum, Shadow Youth Alliance and the Wise Youth Trust all formed teams of two and took part in a series of matches to decide the most skilful pairing.

The winners were Mazharul Uddin and Abdullah Husain of the Shadow Youth Alliance.

Mayor Lutfur Rahman visited the tournament as the challenge was nearing its finale and paid tribute to the three youth groups for supporting young people.

He also emphasised the need for young people to concentrate housing associations.



Mayor Lutfur Rahman with members of the three youth groups

on education in order to fulfil their dreams.

The competition was organised by east London landlords Tower Hamlets Community Housing (THCH), Spitalfields and Gateway

Community involvement manager Muge Dindjer said: "Getting young people from different areas together worked brilliantly and particular congratulations must go to youth group workers Salman, Nur and Muj who worked tirelessly making

the tournament a success."

Muge added: "THCH will continue to work with our partners and local youth groups and look forward to seeing more joint activities in the coming months – next time for the girls!"

various events and workshops. My diary Mayor Lutfur Rahman

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LUTFUR | MAYOR OF RAHMAN | TOWER HAMLETS

Tuesday, February 18

I invited members from the South Poplar and Limehouse Action for Secure Housing (Splash) to my office to talk about local issues concerning anti-social behaviour, the need for community facilities and housing. I must thank Sister Christine from Splash for organising the meeting.

I always welcome the opportunity to listen to residents' concerns so we can address issues together.

In the evening I was delighted to attend the Third Sector Awards ceremony at the Troxy. This was a fantastic event which recognised the contribution community organisations make.

Monday, February 24

The International Language Day celebration at the York Hall was a great event and it was good to see so many young people there. It celebrated diversity in our community and the achievements our young people are making in language.

Thursday, February 27

I held my regular weekly surgery at the Whitechapel Idea Store. These surgeries are Mondays and Thursdays and residents are welcome to call my office to arrange an appointment.

Thursday, March 6

We will be holding our budget meeting to decide on spending for next year. After much consultation with residents, council officers and councillors I hope this budget will sow the seeds for growth and renew our commitment to protect the most vulnerable in our community.

Stake your claim for the Mayor's Cup

THE best footballers in Tower diverse footballing tradition. Last year and on Saturday, April 5 at Mile End Hamlets are being invited to champions.

The council is working with the

more than 60 teams took part, with battle it out for the prestigious 900-plus players competing across nine age title of the Mayor's Cup 2014 categories. Women's teams also took part for the first time.

This year the tournament kicks off with community to stage the popular soccer the heat stages taking place on Saturday festival, celebrating the borough's rich and and Sunday, March 29 & 30 at Victoria Park

Stadium AstroTurf pitches.

The finals will be held on Sunday, April 6 at Mile End Stadium.

For more details and to enter the Mayor's Cup go to www.towerhamlets. **gov.uk/sports** – the closing date for entries



Playing a supporting role

Half Moon Theatre supports young people in their creative development, working with 27,500 people annually and engaging those who are often excluded from arts activity.

WWW.HALFMOON.ORG.UK

Securing the future

"We look forward to working with local groups in securing the future of these irreplaceable architectural gems."

TIMOTHY JONES, ENGLISH HERITAGE

News

Play explores the lives of young people

DRAMA students have been working at the Half Moon Theatre in Lime-**Arnhem Wharf Primary** School to create a new children's show.

Colour, which opens this Wednesday, March 5 and has a Moon, said: "I'm delighted that cast of 12 students, is designed for ages seven to 11.

A series of linked stories, the play explores the lives of young people as they navigate friendship and families, and features music played on such instruments as the Appalachian dulcimer.

It is the third year of the collaboration with Rose Bruford College of Theatre and Perforhouse with pupils from mance in Kent. The students have been working with year 5 pupils at the Isle of Dogs school as well as at the theatre.

> Chris Elwell, director of Half we've created a brand new piece of theatre, which will be both entertaining and stimulating."

> Colour will run for 12 performances from Wednesday until Tuesday, March 11. Tickets are £6 and can be booked at www.halfmoon.org.uk or by calling 7709 8900.



Pupils from Arnhem Wharf Primary School at one of the drama workshops

News in brief

Building confidence

YOUNG people with learning disabilities took part in a week of workshops exploring drama, dance and movement, as part of a half-term programme hosted by a creative arts charity.

Professionals from Create led participants from the Tower Project in activities aimed at developing social skills, trust, self-confidence and self-esteem.

The project culminated in an informal performance at the Tower Project, based in Stepney.

On your marks

THE Great Spitalfields Pancake Race starts at 12.30pm on Shrove Tuesday, March 4 at Dray Walk, Old Truman Brewery, Brick Lane.

You may have missed your chance to take part but there's fun to be had as a spectator, including music and clowns.

Preserving pieces of history

BY MEHREEN HUSSAIN

A CONFERENCE on caring for historic places of worship was held at **Bancroft Local History** Library in Mile End.

People representing faith communities and amenity societies in the borough heard talks on issues such as how to undertake maintenance and repair, insurance and health and safety.

Officers from English Heritage and the council attended and a speaker from the Heritage Lottery Fund covered funding opportunities for historic places of worship

Last year the council launched the Tower Hamlets' Historic Places of Worship scheme, a partnership with English Heritage to support faith groups to maintain their historic the Brick Lane Jamme Masjid www.towerhamlets.gov.uk



Sara Croft from Society for the Protection of Ancient Buildings

advice and support.

The borough is home to many historic places of worship, nity together so that we can several of which are listed buildings due to their special architectural and historic interest.

Some buildings have served different faith communities Gurdwara Sikh Sangat in Bow was once a chapel and

mosque used to be a synagogue.

Following the conference on February 18, a group of delegates visited recent successful projects including the TAB Centre Shoreditch, St John on Bethnal Green and St Paul Old Ford churches, and the Jamme Masjid mosaue.

Cllr Rabina Khan, cabinet member for housing, development and renewal, said: "The buildings and provide targeted Historic Place of Worship scheme is a great way to bring different parts of the commucollectively look at how we can preserve the borough's important and historic buildings."

To find out more about the down the years – for example Historic Places of Worship scheme and how to participate visit the conservation section at



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Musical celebrations of a 23-year-old story

THE London Gay Men's Chorus will celebrate its 23-year story through music and memories at a concert in St John on Bethnal Green next weekend.

Seasons of Love will take place at 8pm on Saturday, March 15 with proceeds going to East London Pride 2014.

Hamlets, tickets for the concert are £12.50 (£8 concessions), with a discount to people who join Pride event. the LGBT group.

For more information and bookings visit the website www.rainbowhamlets.org or call 7364 7003.

Commissioned by Rainbow Rainbow Hamlets is holding a conference on Monday, March 31 at 3pm to start planning the

Attendance is open to all LGBT community organisations, networks and businesses, and public sector bodies across east and north east London

For your information

Parking to pest control, **TOWER HAMLETS** housing to hate crime

TURN TO PAGES 18 & 19



Switching could save you money

Energy companies usually give their best prices to new customers, so if you haven't switched in the last five years you could save up to £250 just by changing companies.

SEE BELOW

Useful information

Financial help

Advice from Financially Inclusive Tower Hamlets Partnership

MY grandmother loved a good spring clean; every year, she'd empty every cupboard, scrub it out, give away what she didn't use and mend anything broken.

Then she'd sit down with all her money paperwork and check she was paying the right amount to the right people, and work out what money she had for the rest of the year.

gave her as much satisfaction as knowing her cupboards were in order; she often found a way to save money by using a different company, and knew she could relax about money at least for a few months. When was the last time that you had a money spring clean?

March is often the time that we get winter's fuel bill through the post. Whether you pay by direct debit, pre-payment meter or monthly bill, you can check you are getting the best price for your electricity. The easiest way to do it is to go to a price comparison website such as www.moneysaving

expert.com.www.uswitch.com. www.gocompare.com or www.comparethemarket.com. You just need to know how you pay, who is your current supplier and how many rooms you

have, and you can then compare

different companies' prices. Energy companies usually give their best prices to new customers, so if you haven't switched in the last five years you could save up to £250 just by changing companies. And perhaps consider paying a different way; if you don't use direct debits but would be happy to give them a try, you can save over £200 a year with some companies. You also get a discount for not having paper bills. If you have an energy bill you can't pay, you can get help from any of the free advice uk

agencies in Tower Hamlets. and there's a specialist fuel bill service at the Bromley by Bow Centre called East End Energy Fit. You can also talk to your landlord about getting help with insulation to cut your fuel bills.

Think too about how you are using any accounts you may have. If you just use a Post Office card account, you won't get any of the discounts on offer for paying by direct debit. If you'd like to think about getting an account with direct debits instead, you can get support and information from the FITH programme; we have advisers who can work with you to think about how you can save Having a money spring clean money by using different ways of paying. And if you have a bank account and get charged penalty fees due to not having enough money to cover payments, we can support you to get on top of having the right payments at a time that works for your budget. We can even support you to open an account if you need one.

And finally, have you had your housing benefit cut due to welfare reforms? If so, you might be receiving an additional payment to help you manage your rent. These additional payments are called DHP or discretionary housing payments, and are awarded by the council to help people cope with change. For most people these payments are only temporary, so you need to start thinking about how you are going to find the extra money to pay the rent or how you can reduce your rent by moving.

If you want support with planning your rent payments, talk to your landlord or contact the FITH team by emailing money@toynbeehall.org.uk or call 7392 2989.

Money can be complicated; there's lots of free, confidential and helpful advice available. Why not join up with a friend and have a competition about who can save the most money? I'd love to hear your success stories – contact me by emailing sian.williams@toynbeehall.org.

Chemist rota

Pharmacists in Tower Hamlets with extended opening hours.

ABC Drug Stores, 12-14 Montague Street: Mon-Fri 9am-7pm, Sat 9am-5.30pm, Sun 10am-2.30pm.

Beck & Sherman, 197 Whitechapel Road: Mon-Fri 9am-7pm, Sat 9am-5.30pm, bank holidays 11am-1pm. Sainsbury's, The Albion Brewery: Mon-Fri 8.30am-10pm, Sat 7.30am-10pm, Sun 11am-5pm.

Chapel, 139 Cannon Street: Mon-Fri 9am-8pm, Sat 9am-6pm.

Fairdale, 360 Bethnal Green Road: Mon. Tues. Weds. Fri 9am-6.30pm, Thurs 9am-1pm, Sat 9am-6pm, bank holidays 11am-2pm.

Florida, 307 Bethnal Green Road: Mon-Fri 9am-7pm, Sat 9am-6pm, bank holidays 11am-2pm.

Bell, 534 Roman Road: Mon-Sat 7am-11pm, Sun 10am-2pm. Forward, 648 Mile End Road:

Mon-Fri 9am-7pm, Sat 9am-6pm, Sun and bank holidays 10am-6pm.

Green Light, St Andrew's Health Centre, 2 Hannaford Walk: 8am-8pm, seven days a week, including bank holidays. Lincoln, 60 St Paul's Way: Mon, Tues, Weds 8am-8pm, Thurs, Fri, 8am-8pm, Sat 9am-5pm. Tesco, Hancock Road: Mon 8am-10.3opm, Tues-Fri 6.30am-10.30pm, Sat 6.30am-10pm, Sun 11am-4pm.

Boots, Unit 15, Jubilee Place: Mon-Fri 7am-midnight, Sat

9am-6pm, Sun 12pm-6pm. Britannia (Perimart). Asda Precinct, East Ferry Road: Mon-Sat 9am-8pm, Sun 11am-4pm, bank holidays 11am-6pm.

Doctors

Please ring your doctor's surgery for an appointment, but if it's the weekend or late at night, call 7377 7151 (only for people in Tower Hamlets who are registered with a doctor). To find a doctor, dentist or help to quit smoking call the health hotline on 7364 5016, Mon-Fri 8am-8pm and Sat 8am-4pm.

Advice

East London Parkinson's Support Group

For people with Parkinson's disease and their carers. Meets third Weds each month, 11am-12pm at John Scurr Community Centre, 1A Bekesbourne St, E14. 0844 225 3704/0808 800 0303

Family Information Service (FIS)

Information for people from birth to age 19 (or 25 for those with additional needs) including helping to find childcare, advice on tax credits and childcare vouchers. Open Mon-Fri, 8am-6pm Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 fis@towerhamlets.gov.uk 7364 6495

Alzheimer's Society Tower

Advice and help for carers and people with dementia. Mon-Fri, 9am-5pm. Robinson Centre, Mile End Hospital, Bancroft Road, E1. 8121 5626

Tower Hamlets Advocacy

Independent advocates for adults with learning disabilities. Mon-Fri, 9.30am-4.30pm. Gladstone Place, 1 Ewart Place, E3. 7364 2550/2199

Parents Advice Centre (PAC)

Offers advice around special educational needs (SEN). 30 Greatorex Street, E1. Drop-in sessions every Tues, 9.30am-3.30pm & Fri, 9:30am-1pm.

LinkAge Plus

An initiative of the Department for Work and Pensions. Toynbee Hall is one of five centres that coordinates services and activities provided. Mon-Fri from 9am-5pm, dropin session for advice on benefits, pensions, employment and housing. Appointments necessary. Mon 9am-5pm, Bangladeshi group. Toynbee Hall, Commercial Street, E1 7392 2914 www.toynbeehall.org.uk

Free Advice

Benefits, housing, immigration. Bengali speakers, home visits to house-bound. Weds, 10.30am-12.30pm, Island House, Roserton Street, E14. Thurs, 1-3pm, Splash, Will Crooks Estate, Poplar High Street, E14.

7987 9379

Skillsmatch

Free advice on all aspects of employment including training, apprenticeships and job vacancies. Canary Wharf Recruitment & Training Centre, 8 Heron Quays, E14. 7364 3727 or email skillsmatch @towerhamlets.gov.uk

Tower Hamlets National Childbirth Trust



Photo order form

Copies of pictures published in East End Life taken by council photographers are available to readers. To request a copy, email eastendlife.news@towerhamlets.gov.uk and we can send it straight away. If you do not have access to email fill in this form and send it to Photos, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. This service does take longer.

Name	
 Address	

Page no.

Offers support, information and friendship to parents and parents-to-be. Regular events. 07976 710964 or towerhamletsnct@yahoo.com www.nct.org.uk

Breastfeeding Support Centres

Mon 11am-1pm Wapping Children's Centre, 15 Chandler St, E1. Weds 12.30-2.30pm, Collingwood Children's Centre, Buckhurst St, E1. Fri 12.30-2.30pm, Overland Children's Centre, 60 Parnell Rd, E3. Sun 2-4pm Barkantine Birth Centre, 121 Westferry Rd, E14. 3594 2591 or 07961 609 626

Families with Autism Spark Centre, Smart Street, E2.

fwautism@btinternet.com

Free home fire safety advice From the London Fire Brigade

08000 28 44 28

Careers advice Tower Hamlets Careers Service

Careers advice for ages 13-19 (up to 25 SEN). Mon-Fri, 1pm-5pm. Appointments available. Careers Centre, 35 Bow Road, E3. 7364 1401

TH Lifelong Learning

Mon-Thurs, 10am-4pm. Shadwell Centre, 455 The Highway, E1.

Careers advice

Support from Civic Enterprise Clubs Co-operative. Tues & Thurs, 1-4pm & 6-9pm Bishopsgate Institute, 230 Bishopsgate, EC2. 07432 463343

Issue no.

Barts Health sexual health services on the rise



Barts Health sexual health services see more than 110,000 people each year at clinics in the City and across London. Book an appointment online, by text or visit a drop-in service.

A vital service

Docklands Light Railway (DLR), which started operations in 1987, carries 100 million passengers each year.

WWW.TFL.GOV.UK/DLR

News

Youngsters take centre stage at an All Stars talent event

POPLAR resident Chantelle Burley developed a love for theatre at a very young age.

Her devotion to the stage led her to study at some of the best drama schools, including the Royal Central School of Speech and Drama in London and New York University for postgraduate studies in educational theatre

her roots to give young people a chance to develop their own talents.

During her studies, Chantelle (pictured) gained work experience with a children's rights theatre project in Kosovo and also worked as an intern with lish All Stars in London. the All Stars Project in New York, which runs educational and performing arts activities for young people in deprived communities across four states.

Now back in the Poplar neighbourhood where she grew up, Chantelle wants to use her

BY JESSICA ODUBAYO experience to help young people develop skills in experimental theatre as well as leadership and volunteering expertise.

> "Working with the All Stars Project inspired me to change the focus of my career and also made me think that something like it needs to be built in my own neighbourhood," Chantelle told East End Life.

She has been working with Brian Mullin, an American playwright and theatre director, And now she has returned to who spent five years building the All Stars Project and now works with UK theatre companies.

> They have led performancebased workshops in Tower Hamlets schools, including Mulberry, performers between the ages of St Paul's Way and Bethnal Green Academy, in an effort to estab-

> community organisation South Poplar and Limehouse Action for Secure Housing (Splash), 11.30am, followed by a public Chantelle and Brian are ready to host London's inaugural All Stars event. Singers, dancers, rappers, poets, musicians and



eight and 25 are invited to take part in the talent show taking place at St Matthias Old Church And with the support of Community Centre, Poplar High Street on Saturday, March 15.

> Auditions are due to start at performance at 4pm.

For information or to enrol call 07442 288177 or email allstarslondon@gmail.com

News in Brief Fund-raising event

A WALK to support a charity, which gives help and training to people who have been homeless and suffer from addiction, poverty or social isolation, will take place on Sunday, March 30.

Starting at 10.30am at Christ Church Spitalfields in Commercial Street, the walk will last 90 minutes and takes in Jewish and Huguenot history, graffiti, markets, and East End stories.

Tickets cost £7. For more information email mike.coffey **@sct.org.uk** or call 7613 5722.

Top scores for DLR

THE Docklands Light Railway has achieved its best ever scores for punctuality and performance.

The DLR ran 99.67 per cent of its trains on time during January 5 to February 1 this year and also operated 99.77 per cent of its scheduled services.

Health advice at station

COMMUTERS at Liverpool Street station can pick up free sexual health information and advice at a new drop-in service provided by **Barts Health NHS Trust.**

Staff will run the weekly clinics at the Boots store on the station concourse, on Wednesdays from 12-4pm and Thursdays from 4-8pm.

As well as providing information, the team can also offer tests and discuss symptoms with anyone concerned they may have a sexually transmitted infection. A private consultation room is available to ensure confidentiality.

Visit www.bartshealth.nhs. uk/sexualhealth



CCTV images show thieves leaving the car park with cash

Hunt for car park crooks

POLICE have released CCTV escaped on foot with the cash. images and are appealing for information, following the theft of £1,000 from a car park payment machine on the Isle of Dogs.

Two men walked into the NCP car park at Lawn House Close on October 1, 2013 at 9.35pm. They broke into the machine and can contact 8345 4248.

One man is described as white, wearing a grey tracksuit with the hood up and a baseball cap underneath and the other was a black man wearing a blue top, black trousers and a lightcoloured baseball cap.

Anyone with any information

Have your say on SAFETY



Tower Hamlets residents are invited to join the Deputy Mayor Cllr Ohid Ahmed, and Police Borough Commander for a walkabout to look at community safety issues in Whitechapel ward.

The interactive walkabout will focus on how the council and police are tackling youth related anti-social behaviour, motor vehicle crime and drug dealing and misuse in the area, as well as further action needed.

DATE: Friday 7th March 2014

TIME: 4pm - 5.30pm

MEETING POINT: Royal London Hospital

(Opposite Whitechapel Underground station)

VISITING:

>> Royal London Hospital >> Myrdle Court >> Delafield House >> Nelson Street

>> Clichy Estate >> O'Leary Square



Residents do not need to register and can just show up on the day











Interested in an apprenticeship?

Tower Hamlets College offers its congratulations to Leanne on winning her award as Apprentice of the Year.

Our apprenticeship team at Tower Skills, a part of Tower Hamlets College, offer a wide range of apprenticeship and training opportunities with some of London's largest employers.

With our help, Leanne and many other apprentices are learning trade skills and gaining invaluable work experience helping them on the next stage of their careers.



Find out more at www.towerskills.co.uk or call 020 7510 7641



Leanne Doig Apprentice of the Year, Queen Elizabeth

Construction



WOMEN ONLY HEALTH & FITNESS

NEW state-of-the-art health and fitness facility opens at the MARYAM CENTRE (East London Mosque and London Muslim Centre)

OPEN DAYS

Tue: 4th & 11th Mar (4pm-7pm)

Thu: 6th & 13th Mar (4pm-7pm)

Sat: 8th & 15th Mar (11am-2pm)

Sun: 9th & 16th Mar (11am-2pm)

MARCH 2014

Visit our Open Days to view the facilities; try out equipment; and talk to our qualified female fitness instructors about the exercise classes available and your fitness goals.

> Sign up at the open days and take advantage of the sensational pre-opening offer.

personal training | studio classes | sauna | hijama | beauty salon | latest cardio & resistence equipment | weight management











Membership for as little as 68p per day. Limited to the first 200 members only*

020 7650 3060 | info@hayaafitness.com | facebook.com/hayaafitnessfem 6th Floor, Maryam Centre, 45 Fieldgate Street, London E1 1JU



An international celebration

Inspiring change is the theme for this year's International Women's Week, which runs from March 3-9. The programme in Tower Hamlets is co-ordinated by Alternative Arts.

www.alternativearts.co.uk for details

Historic achievements

March is also Women's History Month, recognising the achievements of women down the centuries.

News

Event will welcome speakers

AS part of International Women's Week, the **Muslim Women's Collec**tive is hosting an event looking at pioneering women in public life.

The free event on Wednesday, March 5 will hear from speakers celebrating the achievement of Tower Hamlets women. There will also be group discussions and opportunities to network during the event.

It takes place in the Maryam Centre, 45 Field Gate Street, Whitechapel and doors open at 10.30am with speakers and discussions running from 11am-1pm. Refreshments will be available and there is disabled access to the event. It is a women-only event for those aged over 14. Buggy space is available but there will be no crèche facilities.

Participants are welcome to go along on the day or you can register a place by contacting Salma Begum at salma b18@ yahoo.co.uk or call Savita Ayling on 07718 144351.

New music by women

IN celebration of International Women's Day, a performance of new music by women composers will be held at St Dunstan's Church, Stepney High Street on Tuesday, March 4.

The performance, by Contemporary Music for All, will include four world premieres by Amoret Abis, Natalie Bliecher, Janet Oates and Naomi Pinnock. Miriam Wakeling, who is studying at Trinity Laban Conservatoire of Music & Dance in Greenwich, will perform

The concert also includes works by Eleanor Alberga, Elspeth Brooke, Tansy Davies, Kirsty Devaney, Hanna Kulenty, Joanna Lee, Claudia Molitor, Lucy Smith and May Kay Yau.

It starts at 8pm and tickets priced £8 will be available at the door. Visit www.coma.org

Range of events mark a week of celebrations

BY JESSICA ODYBAYO

A RANGE of events including exhibitions, performances, discussions and workshops, will take place across Tower Hamlets this March, marking Women's **History Month.**

And the council is supporting a week of activities for International Women's Week from March 1-8, hosted by nity organisations.

This year, events will be focusing on encouraging more women to take part in public life and politics.

On Monday, March 3 Heba, a training and enterprise project at 164 Brick Lane, Spitalfields, will hold a discussion about the role of women in public life.

And on **Tuesday, March 4** an achievements of volunteers will be held at Will Crooks TRA and Community Centre, St Vincent's Estate, Gill Street, Westferry.

Residents can head to Spitalfields City Farm in Buxton Street on **Wednesday, March 5** for a workshop on cooking and



women's groups and commu- Arts and crafts at the Jagonari Centre in Whitechapel. Below: BBC presenter Nadia Ali

in community gardening will help create a recipe book on the day. The event from 12-4pm is open to all women and will involve a cooking demonstration and discussions on taking food from growing plot to plate and shopping locally.

Shanaz Khan, chef and restaurant owner, will share her event to celebrate the experiences of running a curry and tea house in Bethnal Green.

On Thursday, March 6 all roads lead to the Jagonari Women's Centre. Whitechapel Road, for a celebration of the the borough.

The event is also aimed at eneating. Women who use the couraging and empowering farm and groups who take part more women to become

involved in public life. Alternatively, young women up to the age of 25 can join in a celebration featuring Bollywood, Zumba, street dance, style sessions and a talent showcase taking place at Brady Arts Centre, 192-196 Hanbury Street, Whitechapel from 12-5pm.

On Saturday, March 8 celebrate International Women's Day at Idea Store Whitechapel with BBC Asian Network presenter Nadia Ali who is also a barrister and writer.

In Women in the Public Eye achievements of women across she will share her experiences and perform and read from her work from 2-4pm.

> At Oxford House in Derbyshire Street, Bethnal Green

News in brief Spheres of life talks

COMMUNITY organisation Mohila Ongon is inviting residents to an International Women's Day celebration on Wednesday, March 5.

The event will feature a series of talks by women from various spheres of life, as well as food, live music and games. The celebration, hosted with social housing provider Tower Hamlets Community Housing and the Parents Centre, will run from 10am-3pm at Minerva Community Centre, Minerva Street, Bethnal Green.

For more information contact ferdous.a@hotmail.co.uk or call 07500 970957.

Time=Change show

WOMEN'S struggles for cultural and political liberties as well as their fight for marriage and property rights will be the focus of Time=Change, an exhibition taking place from

> The event, at Espacio Gallery, 159 Bethnal Green Road, will reflect on how far women have come and consider what lies ahead

The work of artists will be exhibited alongside a display of pieces by sculptor Jamie McCartney.



Get involved in a series of free sporting activities



Women's Week the council's Sport4Women programme is organising a variety of free women's sports and activities.

■ Saturday, March 8 – Zumba, Bollywood dance and cycling at Spotlight in Hay Curie Street, E14 from 12-5pm.

■ Tuesday, March 11 – Latest fitness craze Bokwa, cheerleading, Bollywood dance and water aerobics at York Hall Leisure Centre in Old Ford Road, E2 from 4-9pm.

■ Wednesday, March 12 – Brazilian dance, swimming,

TO celebrate International boxing, beauty treatments, water work out, mum and toddler dance at Tiller Leisure Centre, Tiller Road, E14 from 10am-2.30pm.

from 5-9pm a reception and

dinner is being held entitled

British Bangladeshi Women in

Politics: Yes We Can.

Thursday, March 13 -Women's health walk and swim at St George's Leisure Centre, Cable Street, E1 from 10am-2.30pm.

Friday, March 14 – Join in a women's football session at Mile End Stadium in Rhodeswell Road, E14 from 6-7pm.

Other highlights include a cultural extravaganza on Saturday, March 8 at the Brady Arts

Centre in Hanbury Street from 12-5pm. The free event is aimed at women aged 13-19 and up to 25 with educational needs.

Sitting volleyball Paralympian Martine Wright who lost both her legs in the July 7 bombings will be a guest speaker.

The audience will also be treated to a showcase of music, drama and fashion

Issues such as self-worth and healthy relationships will be explored in workshops across the borough from March 3-7.

For more details visit www.towerhamlets.gov.uk

Support starting out

The leaving care service is based at Kitcat Terrace, Bow, from where it provides support for young people.



The journey is not easy'

"A lot of the young people won't have had a good deal in life so far. They will have had a lot of failures, disappointments and perhaps been failed by the system itself. The journey is tough."

HENA AHMED, LEAVING CARE SERVICE

Feature

A good parent is responsible for giving advice and support to young people but what happens when that parent is not available, for whatever reason? As children in care prepare to leave the nest, a special team of people are there to advise them every step of the way. Jacqueline Harthill met up with them.

Turning passion into hope and ambition

THERE are leaving care services in all English local authorities. They can be structured differently and may be known by different names, but all have a duty to provide support to young people leaving the care They are determined system.

works with teenagers aged 16 to 18 who are still in care, as well as older people up to the age of 21 who are in the process of leaving care.

care and are living independently but are either in further education or training are also given support.

Hena Ahmed, the interim group manager of the leaving care service, explained: past 24 years and I've seen how stressful and difficult the journey is in care. The

The team are highly committed. And in Tower Hamlets the service to make valuable contributions to the lives of these young Those up to the age of 25 who have left people leaving care."

Hena Ahmed

leaving care service is the exit from care into independence.

"Children don't necessarily come into care "I've worked in children's social care for the from a good, secure, happy family background. Care is the last resort: there is no other option, whatever the reason may be.

It may be parental illness, separation, death, mental health issues or a difficult family life

"None of these are happy reasons. We don't want children to be in our care if there are other alternatives: by nature, they are the most vulnerable group of people in the system."

Hena described how the young people are often difficult to engage. "A lot of them won't have had a good deal in life so far. They will have had a lot of failures, disappointments and perhaps have been failed by the system itself.

"By the time they come here, they may have had various bad experiences, some of them may already have been involved in activities outside the law, activities that perhaps they're not proud of.

"Our target is to make them good citizens in the community, people who will

Ahmed, interim group manager of Tower Hamlets' leaving care service

be able to live independently, think for themselves and provide for themselves. The journey is not easy for them, it is tough."

Each young person leaving care has a personal adviser who works with them to help them find resolutions to issues, and offers advice, guidance and assistance on matters so they can live independently in the community.

Advisers will ensure that young people are in suitable education, training, employment and accommodation by working closely with other agencies such as colleges, employers, Jobcentre Plus, careers advisers, housing and health professionals, and legal services.

They support vulnerable young people by offering intensive support and work with the council's youth offending team, probation service, and drug and alcohol services.

The team are passionate about their job, as Hena described: "They are determined and highly committed to make valuable contributions to the lives of these young people. The team want to enable young people, and instil hope and ambition in them.

"And we are successful in most cases." Where we are not as successful as we would like to be, it does not mean that we don't put in the effort or that we stop trying."

To find out more about the leaving care service, call 7364 1170.



(Left) Tower Hamlets' leaving care team



Medieval survivor

The Great Hall of Crosby Hall in Bishopsgate – which appears in Shakespeare's Richard III – was dismantled brick-by-brick in 1909-10 and re-erected on Cheyne Walk, on Chelsea Embankment.

Got a story to tell?

If you have a tale about East End history, write to John Rennie or email him at **johnrennie@gmail.com**

WWW.EASTLONDONHISTORY.COM

History

Demolishing past in name of progress

BY JOHN RENNIE

LONDON isn't a very old city. A city with 2,000 years of history, ancient institutions, traditions and arcana certainly... but visitors from abroad look in vain for the medieval London of coaching inns, galleried buildings and Dickensian rookeries.

Much has to do with the Victorian enthusiasm for the new, the bigger, the better, the improved. The development of Victorian and Edwardian London is all about vast new brick and marble palaces for the banks and insurance offices, railway terminuses and lines, Underground stations, board schools for the education of the working classes, and retail emporia such as Selfridges, Gammages and Harrods.

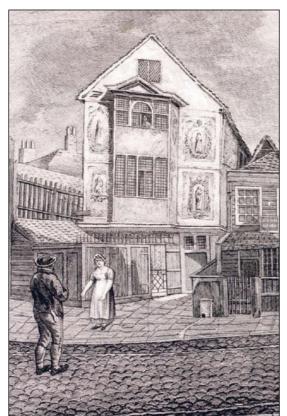
The rickety, flea-ridden wooden houses of the Middle Ages – grand in their day, and beloved by the author of Barnaby Rudge – were an elderly embarrassment, standing in the way of progress.

But by the late 1800s, a growing unease with the pace of redevelopment had spurred a number of Londoners to take action. The new discipline of photography was employed to record, rather than halt the destruction, as a group of friends viewed in horror the impending demolition of the Oxford Arms, a beautiful 17th century coaching inn in the shadow of St Paul's Cathedral, in 1875.

The coaching inns had been made redundant by the arrival of the railways and the old galleries were now used as storage and stabling. The discipline was new, odd and slow enough to excite attention. Henry Dixon, of the Society for Photographing Relics of Old London, recorded how for one shot, he and a friend had to remove a wheel from a wagon and, while his assistant pretended to mend it, photograph from under a canvas.

A year after the demolition of the Oxford Arms, William Morris founded the Society for the Protection of Ancient Buildings "to keep watch on old monuments" and to "protect against 'restoration' that means more than keeping out wind and weather". The society now lives at 37 Spital Square, a building blessedly unspoiled by restorations or improvements from the 19th or 20th centuries, and that 'mission statement' gives a strong clue to the well-meaning vandalism architects wrought on fine old East End houses.

And from 1893-95, Octavia Hill, Robert Hunter and Hardwicke Rawnsley would form the National Trust. Protection of the







(Above) Sir Paul Pindar, and his house at the time of construction, which later became a pub

old now became a fashionable cause for the middle classes.

But the 1893 destruction of "the finest building in east London", the old Royal Palace at Bromley by Bow, caused outrage. Mile End designer and entrepreneur CR Ashbee, one of the prime movers in the Arts and Crafts movement, wrote in exasperation that it could have become a museum

That there was "the nucleus there of one of the most beautiful collections in London... the epitome of the life of a London parish preserved in a most exquisite setting, and of the utmost value for its beauty and its living interest to the young citizens who are bred in what is now a disgraced slum... Sometimes one is apt to ask whether their historic conscience is entirely lost to the citizens of London. So swift... is often the destruction of the records of the past."

And so was born the London Survey Committee, its primary aim to record buildings before they were demolished, rather than to save them. Ashbee edited its journal and in 1900 the first volume was published recording the parish of Bromley by Bow.

By now, there was a move to preserve rather than simply record old buildings, and the London County Council had a weapon in the 1882 Ancient Monuments Act, which established the principle of publicly funded intervention. It wasn't perfect. A big flaw in the act was the lack of compensation for the unfortunate owner, who might have bought a demolition-ready 17th century slum, ripe for transformation into

sparking new offices, only to find themselves the unwilling custodian of a listed building. Unsurprisingly, many buildings were listed, only to mysteriously collapse or burn to the ground.

But there were notable East End successes. One of the most dramatic was the dismantling of Crosby Hall in Bishopsgate. In 1483 the Duke of Gloucester (later Richard III) had bought the house from the original owner's widow—the hall even appears in a scene in Shakespeare's Richard III.

Many buildings were listed, only to mysteriously collapse or burn to the ground."

By the time of Henry VIII it belonged to Antonio Bonvisi, a prominent Anglo-Italian merchant and banker, employee of the English government and a close friend of Thomas More. It survived 1666 only to be seriously damaged by fire in 1672, would become a Presbyterian meeting house and, by Victorian times, a warehouse.

Such was the typical history of a oncegrand London palace, and by the late 1800s, the Great Eastern Railway had an eye on the site as it looked to expand its

mighty Liverpool Street terminus. Ashbee and Morris's despised architects now became saviours, as one of their number, Walter Godfrey, supervised the brick-bybrick dismantling of the Great Hall in 1909-10, and its re-erection on Cheyne Walk, on the Chelsea Embankment.

Another triumph was the saving of Sir Robert Geffrye's Alsmhouses in Shoreditch, now the Geffrye Museum. But perhaps the oddest is a façade that hangs in the V&A museum in Kensington.

Sir Paul Pindar was a wealthy merchant and diplomat, knighted in 1620 by James I, who bought a large tract of land just 'without' the City walls on 'Bishopsgate Street Without'. The newly paved street, running out to East Anglia, was ideal for Pindar's mercantile activities. Less than a mile away was St Paul's Cathedral, a rendezvous for city merchants, and Cheapside, where traders would also act as bankers. And nearby was the new Royal Exchange at Cornhill – the hub of his business.

In 1599, Pindar had built a three-and-a-half storey mansion on Bishopsgate, with gardens looking over rural Moor Fields and Finsbury Fields. He incorporated the older neighbouring properties into the new mansion and built an impressive new frontage – it is this that hangs today in the V&A.

Pindar lived a long time, from 1565 to 1650, long enough to become extremely rich (he gave £10,000 towards the rebuilding of St Paul's) and long enough to be ruined by the profligate Charles I, who borrowed huge sums from the East End merchant then promptly welched on the debt.

In the 1620s, the house was grand enough to house Pietro Contarini, the Venetian ambassador to the Court of St James. By 1660 it was already subdivided into smaller dwellings and then became a workhouse, with sections for "poor children... vagabonds, beggars, pilferers, lewd, idle and disorderly persons". The downstairs became a pub, the Sir Paul Pindar's Head. And by the mid-19th century? Enter the railways again, and the Great Eastern eyeing a valuable piece of real estate.

So in 1890 the building disappeared under the new Liverpool Street station – you possibly scamper in the footsteps of Pindar and Contarini as you rush down to the Central Line. And jetted wooden fronts, so common in Dickens' day, are nowhere to be seen.

Thank goodness at least for a late outbreak of common sense by a group of Victorians, and a wall of Albertopolis which will be forever Bishopsgate.

Isku soo dhawaashada

War iyo wacaal waxaad haysaan u soo dir boga isku soo dhaweynta bulshada ee East End Life.



লরি চালানো শেখানোর নামে প্রতারণাঃ ৪ জনের জেলদভ

লরি চালানোর প্রশিক্ষণ দেয়ার নাম করে জনগণের কাছ থেকে হাজার হাজার পাউন্ড হাতিয়ে নেয়ার দায়ে একটি সংঘবদ্ধ প্রতারক চক্রকে ওল্ড বেইলি আদালত বিভিন্ন মেয়াদে দন্ড দিয়েছে। কাউন্সিলের ট্রেডিং স্ট্যান্ডাড বিভাগের পক্ষে কাউন্সিলের লিগ্যাল সার্ভিসেস্ এই মামলাটি পরিচালনা করে। বিস্তারিত পড়ন নীচে -

DRIVER TRAINING FRAUDSTERS JAILED

Harmony

International Language Day event - pages 16 & 17



Children collect an award on behalf of the Black Women's Health and Family Support group

Maalinta Xuska luqadaha ee caalamiga ah

BOQOLAAL ah dadweynha ho fudud iyo qoob ka cayaarka da' yarta la siiyon fursad la reer Tower Hamlets avaa soo buuxiya York Hall ee **Bethnal Green todobaad**kii la soo dhaafay si uga qayb galaan dmaashaadka maalinta xuska caalamiga ah ee luqadaha ee kawnylka.

Waxaa ka soo qaybgalay carruurta dugsiyada, kooxaha caqiidooyinka iyo ururada bulshada. Halkaas oo ay galbtaa ka haqab beeleen maawoolo iyo madadaalooyin dhaqan ah, hadday heeso yihiin, hadday qoob ka cayaar tahay, gabayo cayaaro.

Jilitaanka wuxu ah Carabi, Bengooli, Jayniis, Lithwaani, Somali iyo Isbaanish, iyada weliba ka soo qayb galayasha qaar kood av heleen ervo ivo weed-

dhaqmada.

In ka 70 ah adeegyada dugsiyada kadib ayaa haatan jira kuwaas 2,000 oo da'yarta ah, todobaad walba siiya cashar luqadon door ah. Dugsiyada sare ee gobolka intooda badani waxay bixiyaan GCSE oo luqadaha ah, taasi oo Tower Hamlets ka dhugaysa meesha keliya ee siisa faca 11 ilaa 14 fursad in hore u sameeyaan GSCE oo ah kuqooyun kala duwan.

Da' yar badan ayaa, kal hore, imtixaanka excel, ayaa boqolkiiba 90 ku gudbey A*-C.

Sheekooyinka guulaha laga eka ee sannadkii la soo dhaafay kooxda luqadaha bulshadu e

siiyo ay As amma heerka A ee af Carabiga, Bangooliga iyo Javniiska.

Xuskan sannadlaha ahi waxaa loogu dabaaldegayaa guulaha carruurtu soo hoysey, waxaanu ku beegan yahay maalinta luqada ee caalmiga ah ee Jamciyada quruumaha.

Waxaa intaa sii dheeraa abaalmarino la guddoonsiiyey carruurta, dugsiyada, kooxaha bulshada, oo ay ku mutaysteen guulihii ay ka soo hooyeen luqadaha bulshada sannadkii la soo dhaafay.

Waxaa ka mid ahaa kuwa soo hooyey GCSE oo keliya kuma helay abaalmarinta xubno dhallin yar ah oo ka tirsan Ururka Cafimaadka Haweenka kawnsulki waxay bilaabeen in Madawga iyo Tagerada Ooyska.

লরি চালানো শেখানোর নাম করে মিলিয়ন পাউড প্রতারণাঃ ৪ প্রতারকের জেল দড

Gang of driver training fraudsters jailed - page 1

জনগণের কাছ থেকে হাজার হাজার পাউন্ড হাতিয়ে নেয়ার দায়ে একটি সংঘবদ্ধ প্রতারক চক্রকে ওল্ড বেইলি আদালত বিভিন্ন মেয়াদে দন্ড দিয়েছে।

টাওয়ার হ্যামলেটস্ কাউন্সিলের ট্রেডিং স্ট্যান্ডার্ড বিভাগের পক্ষে কাউন্সিলের লিগ্যাল সার্ভিসেস্ এই মামলাটি পরিচালনা করে। জেল দন্ত এবং প্রত্যেককে ১০ বছরের জন্য ন্যাশনাল ট্রেডিং স্ট্যান্ডার্ডস্ বোর্ড (এনটিএসবি) এর আর্থিক সহযোগিতায় ট্রি-রিজিয়ন স্কামবাস্টার ও ন্যাশনাল ই-ক্রাইম সেন্টারের সদস্যদের নিয়ে গঠিত একটি অনুসন্ধানী টীম ব্যাপক তদন্ত করে চার জনের একটি প্রতারক চক্রের বিরুদ্ধে সাফল্যের সাথে আইনী পদক্ষেপ নিতে সক্ষম হয়। এই চক্রটি লার্জ গুডস্ ভেহিক্যাল (এলজিভি) ট্রেনিং দেয়ার নামে ১ মিলিয়ন পাউন্ডেরও বেশি অর্থ হাতিয়ে নিয়েছে।

গত ১৪ ফেক্যানী অপনাধ আদালত ওল্ড বেইলিতে শুনানীতে অভিযক্ত মোহাম্মদ শোয়েব মিয়া (বয়স ২৮. পনলার স্ট্রিট. টাওয়ার হ্যামলেটস্), মোহাম্মদ সাইদুর রহমান (বয়স ২৭, বিগল্যান্ড স্ট্রিট, টাওয়ার হ্যামলেটস) এবং সায়মন ব্রিভলি (বয়স ৪৬, কেনজিংটন রোড, সাউথ-এভ-অন সী) এর বিরুদ্ধে আনা প্রতারণার ৪টি অভিযোগ প্রমাণিত হয়। শুনানি শুরুর আগে অপর অভিযক্ত শেখ মোহাম্মদ ওসামা রহমান (বয়স ২৭. পেনাং স্ট্রিট. টাওয়ার হ্যামলেটস) তার বিরুদ্ধে আনীত অভিযোগগুলোর দোষ স্বীকার করে নেন। পঞ্চম অভিযক্ত আমজাদ আলী (বয়স ২৭, টাওয়ার হ্যামলেটস্) এর বিরুদ্ধে কোন অভিযোগ প্রমাণিত না হওয়ায় তাকে সকল চার্জ থেকে অব্যহতি দেয়া হয়।

২৫ ফেব্রুয়ারী শুনানি শেষে শেখ মোহাম্মদ

ওসামা রহমানকে ৬ বছর ৪ মাসের জেল দভ এবং ১১ বছবের জন্য ডিবেক্টবের জন্য অযোগ্য ঘোষনা, মোহাম্মদ শোয়েব মিয়াকে ৪ বছর ৬ মাসের জেল দন্ড ও ৫ বছরের জন্য ডিরেক্টর ডিসকোয়ালিফিকেশন ওর্ডার, মোহাম্মদ সাইদুর রহমান ও সায়মন বিভলিকে ৪ বছর ৬ মাস করে ডিরেক্টর ডিসকোয়ালিফিকেশন ওর্ডার অর্থাৎ ডিরেক্টর হওয়ার জন্য অযোগ্য ঘোষনা করা হয়। এই প্রতারক চক্রটি ২০০৯ সাল থেকে ২০১২

সালের সেপ্টেম্বর মাস পর্যন্ত ক্যানরি ওয়ার্ফ এ অবস্থান করে অনেকগুলো এলজিভি ট্রেনিং বিজনেস পরিচালনার নামে প্রতারণা করে। তারা বিভিন্ন সময়ে হাইওয়ে এলজিভি লিমিটেড, এলজিভি স্পেশিয়েলিস্ট লিয়িটেড ব্যাকওয়াটাব এলজিভি লিমিটেড ও কুইকপাস এলজিভি লিমিটেড নামে ব্যবসা পরিচালনা করেছে। এসব কোম্পানীর নামে তারা নানা ভাবে লরী চালানো শিখতে আগ্রহীদের প্রতারণা করে জনপ্রতি ১ হাজার থেকে ৩ হাজার পাউন্ড পর্যন্ত হাতিয়ে নেয়। এই চার কোম্পানীর মোট আয় ১ মিলিয়ন পাউন্ডেরও বেশি বলে অনুসন্ধানে জানা গেছে। এর মধ্যে মাত্র মাত্র ৪৪ হাজার ২৫০ পাউন্ড ব্যয় করা হয়েছে কাষ্ট্রমারদের ট্রেনিং দেয়ার খাতে।

বিভিন্ন জনের কাছ থেকে অনেকগুলো অভিযোগ পাওয়ার পর টাওয়ার হ্যামলেটস কাউন্সিলের ট্রেডিং স্ট্যান্ডার্ড বিভাগ অনুসন্ধান শুরু করে। ২০১০ সাল থেকে অনসন্ধান চালানোর পর প্রতারক চক্রের বিরুদ্ধে সাফল্যের সাথে আইনী পদক্ষেপ নিতে সক্ষম হলো ট্রেডিং স্ট্যান্ডার্ড

মেয়র লুৎফুর রহমান বলেন, আমাদের

কঠোব পবিশ্বাসের আবেকটি উজ্জ্বল উদাহরণ হচ্ছে এই রায়। ভোক্তাদের অভিযোগ খতিয়ে দেখতে তারা সম্মিলিতভাবে চেষ্ঠা করেছেন এবং প্রয়োজন অনুযায়ী প্রতারক দুর্বৃত্তদের বিরুদ্ধে কঠোর শাস্তি নিশ্চিত করেছেন। তিনি বলেন, এই প্রতারক চক্রের হাতে অনেকে আর্থিকভাবে ক্ষতিগ্রস্ত হয়েছেন। বিশেষ করে বেকার লোকজন, যাদের অর্থের খব দরকার তাদের কাছ থেকেই বিপুল অর্থ হাতিয়ে নেয় তারা।

ডেপটি মেয়র অব টাওয়ার হ্যামলেটস কাউন্সিলর অহিদ আহমদ বলেন, যারা অসহায়, তাদেরকে টার্গেট করেই প্রতারকরা প্রতারণার জাল পেতেছিলো। এ ধরনের প্রতারণা ও জালিয়াতপর্ণ ব্যবসাব কোন স্যোগ নেই টাওয়াব প্রতারণা করছে বলে সন্দেহ হবে, আমাদের ট্রেডিং স্ট্যান্ডার্ড টীম তাদের বিরুদ্ধে পর্ণাঙ্গ তদন্তানসন্ধান

এনটিএসবি চেয়ারম্যান, লর্ড টবি হ্যারিস বলেন, বাজেট সংকোচন করা সত্তেও প্রতারক চক্রের হাত থেকে ভোক্তাদের সুরক্ষা দিতে ট্রেডিং স্ট্যান্ডার্ড বিভাগ চমৎকার কাজ করে যাচ্ছে। এই দন্ড এটাই তুলে ধরছে যে. প্রতারকরা যতই চাতর্যোর সাথে প্রতারণা করুক না কেন, ট্রেডিং স্ট্যান্ডার্ড বিভাগের পেশাদার কর্মীরা তাদের বিচারের কাঠগড়ায় দাঁড় করাতে সক্ষম হবেই।

সন্দেহজনক কোন টেনিং কিংবা কোন কোম্পানীর ব্যবসা সম্পর্কে সন্দেহ দেখা দিলে ০২০ ৭৩৬৪ ৫০০৮ নাম্বারে ফোন করে কাউন্সিলের ট্রেডিং স্ট্যান্ডার্ড টিমের সাথে যোগাযোগ করতে অনরোধ করা হয়েছে।

Todobaadka Xuska Hawenka ee dunida

ausku Duuban, munaasabad lagu haweenka horseedka ah nolosha dadweynaha, kaasi oo qayb ha ah.

la'aan ah , maalinta Arbacada, 5 Marij, waxaa ka hadli doona dabaaldegga guulaha haweenka Tower Hamlets soo hooyeen. Waxaa kale mu-

HAWEENKA Muslinka ee International Women's Week – page 11

nasabada ku jirta in ay jiraan fursado koox koox loo falanqaynayo iyo fursado xidhiidhineed.

Waxaa lagu qabanayaa Xarunta Maryam, 45 Field Gate Munaasabadan oo lacag Street, Whitechapel, waxaana albaabada la furayaa 10.30am, hadalada iyo dooduhuna waxay soconayaa 11am-1pm, inta u dhaxavsa.

Shaah iyo sharaabna waa 07718 144351.

diyaar, dadka naafada ahna marin bay ka soo galaan way helayaan munaasabada.

Ka soo qaybgalayaashu maalintaa waa iska imman karaan amma waxaad isa sii diiwaangelin kartaan oo waxaad la xidhiidhi kartaa Salma Begum ee salma b18@yahoo.co.uk a mma Savita Ayling ka wac



Martyrs' Day remembered - issue 998

অমর একুশে ফেব্রুয়ারী মহান শহীদ দিবসের প্রথম প্রহরে বাংলাদেশের মতো যুক্তরাজ্য প্রবাসী বাংলাদেশীরা সহ বিভিন্ন কমিউনিটির লোকজন ভাষা শহীদদের স্মৃতির প্রতি শ্রদ্ধার্ঘ্য নিবেদন করেন। পূর্ব লন্ডনের আলতাব আলী পার্কের কেন্দ্রীয় শহীদ মিনারে শ্রদ্ধা নিবেদনের জন্য দিবসের প্রথম প্রহরে মধ্য রাতের কনকনে ঠান্ডা উপেক্ষা করে সমবেত হয়েছিলেন কয়েক শতাধিক নারী-পুরুষ-শিও। প্রথমে বারাবাসীর পক্ষে টাওয়ার হ্যামলেটসের মেয়র লুৎফুর রহমান (ছবিতে ডানে) এবং বাংলাদেশের জনগণের পক্ষে বৃটেনে নিযুক্ত হাই কমিশনার এম মিজারুল কায়েস (ছবিতে বাঁয়ে) পুষ্প স্তবক অর্পন করেন। এরপর কাউন্সিলের কেবিনেট, স্থানীয় এমপিগণ, লেবার পার্টির মেয়র প্রার্থী ও নেতৃবৃন্দ, বাংলাদেশের বিভিন্ন রাজনৈতিক, সামাজিক, সাংস্কৃতিক সংগঠনের পক্ষ থেকে শ্রদ্ধাঞ্জলি নিবেদন করা হয়।



আন্তর্জাতিক মাতৃভাষা দিবস পালিত

কাউন্সিলের উদ্যোগে গত সপ্তাহে আন্তর্জাতিক ভাষা দিবস পালিত হয়। ইয়র্ক হলে আয়োজিত এই বার্ষিক ভাষা দিবস অনুষ্ঠানে Send your Bengali and Somali news ৬ শতাধিক লোক অংশ নিয়েছিলেন। বারার বিভিন্ন স্কুল থেকে আগত শত শত শিশু কিশোর, ধর্মীয় ও বিশ্বাসী গ্রুপ ও কমিউনিটি ক্লাবগুলোর সদস্যরা উপভোগ করেন গান, নাচ, কবিতা আবৃত্তি ও নাটিকা। বিস্তারিত পড়ন নীচে -

un's international language day 2014 event

ঐকতান

to Harmony, East End Life, Town Hall, 5 Clove Crescent, Poplar E14 2BG

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Harmony

৬ শতাধিক লোকের অংশ গ্রহণে আন্তর্জাতিক মাতৃভাষা দিবস পালিত

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টাওয়ার হ্যামলেটস কাউন্সিলের উদ্যোগে গত সপ্তাহে ব্যাপক আনুষ্ঠানিকতার মধ্য দিয়ে আন্তর্জাতিক ভাষা দিবস পালিত হয়।

পূর্ব লন্ডনের ঐতিহাসিক ইয়র্ক হলে আয়োজিত এই বার্ষিক ভাষা দিবস অনষ্ঠানে ৬ শতাধিক লোক

বারার স্কলগুলো থেকে আগত শত শত শিশু কিশোর, বিশ্বাসী গ্রুপ ও কমিউনিটি ক্লাবগুলোর সদস্যরা উপভোগ করেন গান, নাচ, কবিতা আবত্তি

অনুষ্ঠানে এ্যারাবিক, বেঙ্গলি, চায়নীজ, লিথুনিয়ান, সোমালিয়ান ও স্পেনিশ ভাষায় বিভিন্ন ধরনের পারফর্মেন্স উপস্তাপন করা হয়। প্রতিটি পারফর্মেন্স শেষে উপস্থিত দর্শকরাও কিছু কিছু ভীনদেশী বাক্য কিংবা নাচের মুদ্রা অনুকরন করেন।

অনুষ্ঠানে যোগ দিয়েছিলো আলীনা খানম নামের স্টেপনীর ৯ বছরের এক বালিকা। তাঁর প্রতিক্রিয়া এমন, "আজ আমি শিখেছি তিনটি ভিন্ন ভাষায় কিভাবে বলতে হয় 'হ্যালো'। আমি নেচেছি ও। অনেক আনন্দময় সময় কেটেছে আজ। আমি আরেকটি ভাষা শিখতে চাই। এটা হতে পারে স্পেনিশ।"

উল্লেখ্য টাওয়ার হ্যামলেটস বরায় বর্তমানে প্রায় ৭০টিরও বেশি স্কুল সময়-উত্তর শিক্ষা কার্যক্রমে প্রায় ২০০০ শিক্ষার্থীকে বহু ভাষার শিক্ষা

বারার অধিকাংশ সেকেভারি স্কলে লেন্ধুয়েজ এ জিসিএসই দেয়ার ব্যবস্থা রয়েছে। একমাত্র টাওয়ার হ্যামলেটসেই ১১ - ১৪ বছর বয়সীরা বিভিন্ন ভাষায় আগাম জিসিএসই দেয়ার সুযোগ পায়

ইউএন এর ইন্টারন্যাশনাল মাদার লেঙ্গুয়েজ ডে অনুষ্ঠানে শিশু কিশোরদের ভাষা প্রতিভাকে তলে ধরা হয়। ১৯৫২ সালে বাংলাদেশে মাত ভাষা বাংলাকে রাষ্ট্র ভাষা করার জন্য আত্মহুতির ঘটনাকে স্মরণ করতে এবং পথিবীর সকল মাতৃভাষার মর্যাদা ও সুরক্ষা করতে ইউনেক্ষো ১৯৯৯ সালে ২১শে ফেব্রুয়ারীকে



Thomas Buxton Primary School pupils with an award

আন্তর্জাতিক মাতভাষা দিবস হিসেবে ঘোষনা করে। মেয়র, লুৎফুর রহমান বলেছেন, সাংস্কৃতিক

বৈচিত্রোর দিক থেকে টাওয়ার হ্যামলেটস হচ্ছে তালে। সবচেয়ে সমদ্ধ একটি জনপদ। এই বৈচিত্র্যতা নিয়ে আমুবা গর্ব কবি।

তিনি বলেন, বারার অধিকাংশ বাচ্চাই ২ বা ৩টি ভাষায় কথা বলতে পারে। অনেকে আরো বেশি ভাষা জানে। এটা আমাদের বাচ্চাদের অতান্ত লক্ষ্যনীয় ও মূল্যবান একটি দক্ষতা, যা তাদের জ্ঞানকে আরো সমৃদ্ধ করতে ও সকল বিষয়ে আরো ভালো করার সামর্থ্য অর্জনে তাদের সহায়তা করে।

মেয়র আরো বলেন, এ ধরনের অনুষ্ঠান আয়োজন আমাদের শিশু-কিশোরদের তাদের সাংস্কৃতিক বৈচিত্র্যতা সম্পর্কে যেমন সচেতন করে.

তেমনি নিজেদের পারিবারিক রীতি প্রথা ঐতিহ্য ও ভাষা সম্পর্কে তাদের গর্বিত করে

কেবিনেট মেম্বার ফর চিলড্রেন সার্ভিসেস, কাউন্সিলর অলিউর রহমান বলেন, নিজ নিজ কমিউনিটির ভাষা শিক্ষা এজন্যই গুরুত্বপূর্ণ কারণ, এর ফলে প্রজনা তাদের ঐতিহাকে সংরক্ষণ করতে সচেষ্ট হবে এবং কমিউনিটির সহাবস্থানের মৌলিক চেতনা আরো শানিত হবে।

অনুষ্ঠানে ই.সি লাইটহাউজ লিথুনিয়ান স্কুলকে কমিউনিটি ভিত্তিক বেষ্ট লেম্বুয়েজ প্রজেক্ট হিসেবে স্বীকৃতি দেয়া হয়। মেইনস্ট্রিমের সেরা লেঙ্গুয়েজ প্রজেক্ট হিসেবে স্বীকৃতি পেয়েছে বাক্সটন স্ট্রিট সাপ্রিমেন্টারি স্কল। বো মসলিম কালচারাল সেন্টার এবং লেন্সবারি এস্টেট মসলিম এসোসিয়েশনে শিক্ষা প্রদানে অনবদ্য অবদান রেখে চলায় আউটস্ট্যান্ডিং স্টাফ এওয়ার্ড পেয়েছেন আলী

অনুষ্ঠানে বাইটিং কম্পিটিশনের বিজয়ীদের নাম ঘোষনা করা হয়। বো মসলিম কালচারাল সেন্টারের মোজাহিদ চৌধুরী (৬) বেস্ট কমিউনিটি লেন্ধুয়েজ পোস্টার এবং শাহিদা বেগম (১০) বেষ্ট লিফলেট রাইটিং চ্যাম্পিয়ন হয়েছে। ই.সি লাইটহাউজ লিথুনিয়ান স্কুলের মোডেস্টাস ডানিকাসকাস (১৩) জিতেছে বেস্ট আর্টিক্যাল এওয়ার্ড এবং ম্পেশাল ডিস্টিঙ্কশন এওয়ার্ড জিতেছে ফনিক্স স্কুল।

কমিউনিটি লেঙ্গুয়েজ সম্পর্কে জানতে ০২০ ৭৩৬৪ ৬৩৭১ নাম্বারে যোগাযোগ করুন।

News in brief

বাংলাদেশী মেন্টাল হেল্থ অ্যাওয়ারনেস ডে ২০১৪

বাংলাদেশী মেন্টাল হেলথ ফোরাম আগামি ১২ই মার্চ ২০১৪, সকাল ১১টা থেকে বিকাল ৩টা পর্যন্ত লন্ডন মুসলিম সেন্টারে, (৮২-৯২ হোয়াইট চ্যাপেল রোড. লন্ডন ই১ ১জেকিউ) ''বাংলাদেশী মানসিক স্বাস্থ্য সচেতনতা দিবস" উদযাপন করবে

এবারের সচেতনতা দিবসের মূল প্রতিপাদ্য বিষয় হচ্ছে, ''তরুণ সমাজের মানসিক স্বাস্থ্য এবং সার্ভিসে প্রবেশ করার সুবিধা"। যে বিষয়গুলোর ওপর এবার অধিকতর গুরুত্ব আরোপ করা হবে, তা হচ্ছেঃ বাংলাদেশী তরুণ যাদের মানসিক স্বাস্থ্য নিয়ে সমস্যা আছে তারা কি ধরণের সমস্যার সম্মখীন হয় এবং কমিউনিটি মেন্টাল হেলথ সার্ভিসেস তাদের জন্য কি কি সেবা প্রদান করতে পারে সে বিষয়ে সচেতনতা বদ্ধি করা। "বাংলাদেশী মানসিক স্বাস্থ্য সচেনতা দিবস ২০১৪" অনুষ্ঠানটি বিভিন্ন কার্যক্রম. তথ্য সমদ্ধ ষ্টল এবং উপভোগ করার মত বিভিন্ন অনুষ্ঠানে ভরপুর থাকরে। দিবসটি মানসিক স্বাস্থ্য বিষয়ের বিভিন্ন ব্যাপারে কমিউনিটির লোকজনের মধ্যে আলাপ আলোচনার সুযোগ করে দিবে। অনুষ্ঠান বিষয়ে আরও তথ্য কিংবা ভলান্টিয়ারিং ও ষ্টল বুকিং করতে চাইলে যোগাযোগ

খলিল মিয়ার সাথে ০৭৯৫৮ ৫০৩ ৫০১ নাম্বারে অথবা শামসূর চৌধুরীর সাথে ০৭৭১৬ ০৭৮ ৮৪০ নাম্বারে যোগাযোগ করতে অনুরোধ করা হয়েছে।

আন্তর্জাতিক নারী দিবসে উইম্যান্স কালেক্টিভের ইভেন্ট

আন্তর্জাতিক নাবী দিবস উপলক্ষে দ্যা মসলিম উইম্যান্স কালেক্টিভ এর উদ্যোগে 'পাইওনিয়ারিং উইম্যান ইন পাবলিক লাইফ' শীর্ষক বিশেষ এক অনষ্ঠানের আয়োজন করা হয়েছে।

আগামী ৫ মার্চ বুধবার ৪৫ ফিল্ড গেইট স্ট্রিটে (ই১ ১ জেইউ) অবস্থিত মারিয়াম সেন্টারের চতুর্থ তলার মেইন হলে এই ইভেন্ট অনুষ্ঠিত হবে। সকাল ১০.৩০টায় হলের দরোজা সবার জন্য উন্মক্ত করা হবে এবং ১১টা থেকে ১ টা পর্যন্ত চলবে বক্তব্য ও আলোচনা।

বক্তারা টাওয়ার হ্যামলেটসের মহিলাদের নানা ক্ষেত্রে অর্জিত সাফল্য তলে ধরবেন এবং বিভিন্ন সমস্যা ও সম্ভাবনা নিয়ে দলবদ্ধ আলোচনা হবে। অনষ্ঠানে আপ্যায়নেরও ব্যবস্তা রয়েছে। ১৪ কিংবা ততোধিক বয়সী শুধুমাত্র মহিলাদের জন্য এই ইভেন্ট। এখানে কোন ক্র্যাশ সুবিধা না থাকলেও বাগি রাখার স্থান রয়েছে।

এতে অংশ নিতে আগ্রহীরা সরাসরি অনষ্ঠানে উপস্থিত হতে পারবেন। তবে কেউ চাইলে ০৭৭১৮১৪৪৩৫১ নাম্বারে ফোন করে সাভিটা আইলিং এর সাথে অথবা salma_b18@ vahoo.co.uk এই ইমেইলে সালমা বেগমের সাথে যোগাযোগ করে নিজের নাম নিবন্ধন করতে পারেন।

The above stories are: Bangladeshi Mental Health Awareness Day; pioneering women in public life event.



Nishath, 7, and Nuzhat, 7, having fun this half-term

হাফ টার্মে বাচ্চাদের জন্য কাউন্সিলের প্লে স্কীম Fun for children at Play Factory – 998

টাওয়ার হ্যামলেটস্ কাউন্সিলের উদ্যোগে হাফ আনন্দময় এবং আমি সত্যিই খুবই ফুর্তি বয়সীদের ব্যস্ত রাখতে নানা ধরনের কর্মসূচি গ্রহণ

প্রে ফ্যাক্টরি হলিডে স্কীমের আওতায় সপ্তাহব্যাপি কর্মসচির মধ্যে চারু ও কারুশিল্পের কর্মশালা যেমন ছিলো, তেমনি ছিলো দলীয় খেলাধূলা ও সাইকেল চালানো।

শিশুরা এসব সেশনের পাশাপাশি কেক ও ককিজ বানানোর প্রশিক্ষনেও অংশ নেয় এবং বেসলেট কিভাবে বানাতে হয়, কিভাবে উল বনন

টার্মের স্কল ছটির পরো সপ্তাহে ৩ থেকে ১১ বছর করেছি। আমার সবচেয়ে ভালো লেগেছে ককিজ বানানোতে অংশ নিয়ে।" নির্বাহী মেয়র লংফর রহমান বলেন, বাচ্চাদের

কাছে প্লেস্কীমটি খুবই জনপ্রিয় হচ্ছে দেখে আমি সম্ভষ্ঠ ৷ কর্মজীবি অভিভাবকদের জন্য এটি খবই গুরুত্বপূর্ণ একটি সার্ভিস।

শিশু সার্ভিস বিষয়ক লীড মেম্বার, কাউন্সিলর ওলিউর রহমান বলেন, শিশু ও অভিভাবকদের কাছে এই স্কীমটি ব্যাপক জনপ্রিয়তা অর্জন করায় আমি খবই সন্তর্গ । বাচ্চাদেরকে আনন্দময় পরিবেশে শিক্ষামূলক কার্যক্রমে ব্যস্ত রাখতে এ প্রসঙ্গে ৭ বছরের মায়া লী-রহমান এর যেসকল স্টাফ কঠোর পরিশ্রম করেছেন, আমি মন্তব্য হচ্ছে এমন, "এই সপ্তাহটা ছিলো অনেক তাদেরকে ধন্যবাদ জানাচ্ছি।

পপলারের শিশা বার ৬ সপ্তাহের জন্য বন্ধ রাখার নির্দেশ

Shisha bar ordered to close – issue 998

স্থানীয় বাসিন্দাদের জীবন যাত্রায় ক্রমাগতভাবে ৬ সপ্তাহের জন্য বন্ধ রাখার নির্দেশ দেন। উপদ্রব সৃষ্টি করার দায়ে টাওয়ার হ্যামলেটস্ কাউন্সিলের আইনী পদক্ষেপ নেয়ার প্রেক্ষিতে বন্ধ রাখার নির্দেশ দিয়েছে আদালত।

গত ১৩ ফেব্রুয়ারী টেমস্ ম্যাজিষ্ট্রেট কোর্টে শুনানী শেষে আদালত পপলারের ১এ ক্রমফিল্ড স্টিটের শিশা লাউঞ্জকে (যা ক্যানপি শিশা বার হিসেবেও পরিচিত) ২৭ মার্চ পর্যন্ত ব্যবসা প্রতিষ্ঠানের প্ল্যানিং ও পরিবেশগত বারটি বন্ধ রাখার নির্দেশের ফলে স্থানীয়

স্থানীয় বাসিন্দা ও ব্যবসা প্রতিষ্ঠানগুলোর কাছ থেকে এই শিশা বার - এর কারণে এলাকায পপলারের একটি শিশা বারকে ৬ সপ্তাহের জন্য সমাজ বিরোধী আচরণজনিত কার্যকলাপ বৃদ্ধি এবং শিশা বারের ভিতর থেকে শব্দজনিত উপদেব সংক্রান্ত অসংখ্য অভিযোগ পাওয়ার প্রেক্ষিতে কাউন্সিল যথাযথ পদক্ষেপ গ্রহণ করে।

লন্ডন ফায়ার বিগেড এর পক্ষ থেকেও এই

অনেক ধরনের উদ্বেগ এবং জননিরাপত্তা ইস্যু বাসিন্দারা কিছুটা স্বস্তি পাবেন।

এ ব্যাপারে নির্বাহী মেয়র লুৎফুর রহমান বলেন, আদালত এই মর্মে সন্তুষ্ঠ হয়েছেন যে, এই ব্রেসা প্রতিষ্ঠানটি সমাজবিরোধী আচরণ জনিত কার্যকলাপের উৎপত্তিস্থল এবং এর ফলে স্তানীয় বাসিন্দাদের জীবন যাত্রা বিঘ্রিত হচ্ছে।

ডেপটি মেয়র অব টাওয়ার হ্যামলেটস. কাউন্সিলর অহিদ আহমদ বলেন, আমি আমি করি এই ক্লোজার ওর্ডার অর্থাৎ শিশা

উল্লেখ্য, গত বছরের নভেম্বর মাসে শিশা বার - এর বিষয়ে আপত্তি জানিয়ে ১৬৪ জন বাসিন্দার স্বাক্ষর করা একটি আবেদনপত্র গ্রহণ করে

স্থানীয় বাসিন্দারা প্রায়শই শিশা বারের কারণে সমাজ বিরোধী কার্যকলাপের শিকার হচ্ছেন বলে কাউন্সিলের সাথে আদালতও একমত হন। তাই এ ধরনের কার্যকলাপ ও শব্দজনিত উপদ্রব বন্ধ করতে এই ক্লোজার অর্ডার অত্যাবশকীয় বলে আদালত মনে করায় তা জারি করেন।

Hundreds of residents filled York Hall in Bethnal Green last week to International Language Day event, as Raju Miah reports. Photos by I

CHILDREN from schools, faith groups and community clubs joined forces in revelling for an evening of cultural entertainment full of singing, dancing, poetry and role plays.

Arabic, Bengali, Chinese, Lithuanian, Somali and Spanish performances were featured during the International Language Day celebrations, with



Among the crowds was nine-year-old Aleena children which allows them to accelerate their Muslim Cult Khanom from Stepney, who said: "Today I learnt how to say hello in three different languages and a realto speak another language, maybe Spanish – it sounds different to English so would be nice to learn."

More than 70 after-school provisions are currently in place, catering for 2,000 young people

> Most secondary schools in the borough offer languages GCSEs, with Tower Hamlets being one of the only places to offer ages 11 to 14 the chance to take an early GCSE through

A high number of young people excel in these exams, with more than 90 per cent achiev-

last year the council's community languages team began offering youngsters the

A level in Arabic, Bengali

said: "The majority of to three languages, with some speaking even more.

strength of our knowledge and perform better across all subjects.

leaflet writing

a special disti

families, Cllr

continue to ce

our annual ev

achievement

community l

www.towerl

To find out

Cabinet n

Modestas

"This event explores language through a creative ly cool dance move. I had a fun time and now I want medium and recognises the accomplishments of our Lithuanian So

"I'm pleased we had a fantastic turnout this year and hope many more young people have been inspired by their peers."

The annual event inspires and celebrates the achievement of young people and coincides with the United Nations' International Mother Language Day, which remembers the language movement of martyrs who sacrificed their lives 62 years ago in a bid for the Bengali language to be recognised as one of the state languages of Bangladesh, which was then still East Pakistan

In addition to the promotion of linguistic and cultural diversity and multilingualism, the evening on February 24 saw a range of awards presented to children, schools and community groups for their achievements over the past year. The awards were:

- Best language project within a community setting was awarded to EC Lighthouse Lithuanian
- Best language project within a mainstream our children speak two after-school programme was awarded to Thomas **Buxton Primary School**.
 - An outstanding staff award was presented to Ali Akbar, who has shown an excellent "This is a commitment to his teaching in both Bow significant Muslim Cultural Centre and the Lansbury Estate Muslim Association.

The International Language Day writing **competition** winners were also announced. The award showcases young people's language skills in different ways from designing posters, leaflets and writing articles.

Mujahid Chowdhury, 6, from Bow Muslim Cultural Centre won the **best community** language poster and Sadia Begum, 10, from Bow

"Today I learnt how to say





(Above, from left) The Chinese Independent School of Tower Hamlets; Cllr Rofique U Ahmed presents the prize for best poster to Mujahid Chowdhury; singers from the Horwood Estate Bangla S

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

3 – 9 MARCH 2014

celebrate the council's annual Rehan Jamil

ural Centre won the award for best

Danikauskas, 13, from EC Lighthouse chool, won the **best article** award with nction award going to Phoenix School. nember for children, schools and Oliur Rahman, said: "I am pleased we lebrate International Language Day with rent which recognises the learning and s of children and young people."

more about services provided by the anguages team, call 7364 6371 or visit namlets.gov.uk

The UN's International Mother Language Day was proclaimed by the General Conference of the United Nations Educational, Scientific and Cultural Organisation (UNESCO) in November 1999 and has been observed every year since February 2000 to promote linguistic and cultural diversity, and multilingualism.

On May 16, 2009 the United Nations General Assembly called upon member states "to promote the preservation and protection of all languages used by peoples of the world".

The date represents the day in 1952 when students demonstrating for recognition of their language, Bangla, as one of the two na-

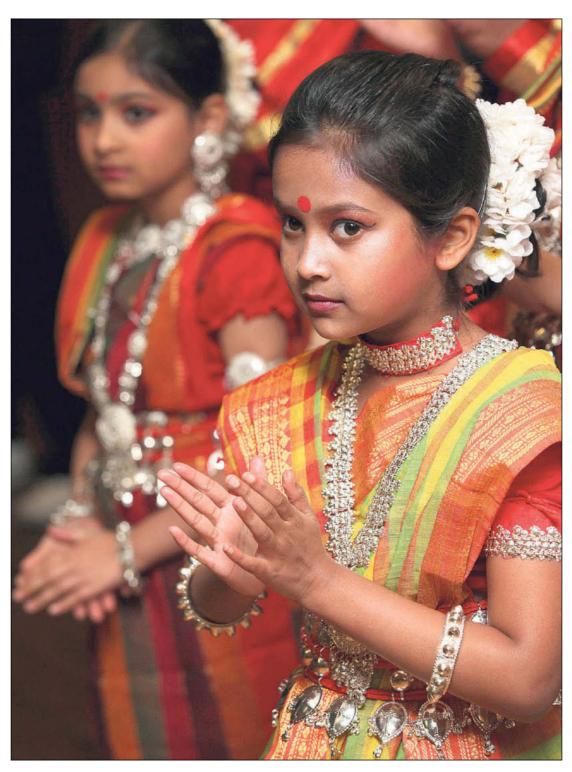
> were shot and killed by police in Dhaka, the capital of what is now Bangladesh.



(Right) Youngsters from the Udichi Performing Arts Group

(Left) Children representing the Black Women's Health and **Family Support group**

(Far left) Dancers from the E.C. Lighthouse Lithuanian School



hello in three languages"





chool; Modestas Danikauskas is presented with the prize for best essay/article by Lorraine Flanagan, head teacher of Thomas Buxton Primary School

A range of services

The council provides many services for residents and businesses. Go to the A-Z on the website at

WWW.TOWERHAMLETS.GOV.UK



Get information on welfare reform

The council's benefits service can provide information about housing benefit, council tax benefit and entitlement to free school meals. It has compiled a list of helpful agencies at...

WWW.TOWERHAMLETS.GOV.UK/WELFAREREFORM

Council information

Tower Hamlets forward planner

TOWER Hamlets Council produces a forward plan every month detailing the key decisions it will take, together with the details of the author, and consultation undertaken. It can be found in Idea Stores, libraries, One Stop Shops and council offices or at www.tower hamlets.gov.uk/data/ your-council/data/forwardplan/forward-plan.cfm

Meetings @towerhamlets.gov.uk Tuesday, March 4

6.30pm: Licensing sub-committee

Business includes applications for: variation of premises licence for Coborn Arms, 6-8 Coborn Road, E3; premises licence for Preem, ground floor basement, 118-122 Brick Lane, E1. More details on 7364 4120 or email simmi.yesmin@ towerhamlets.gov.uk

7pm: Overview & scrutiny committee

The agenda includes reports on the executive mayor's car, investigation into Old Poplar Town Hall, removing barriers to youth employment and burial provision for borough residents.

More information on 7364 4333 or email angus.taylor@ towerhamlets.gov.uk

Wednesday, March 5

5.30pm: Cabinet

Items on the agenda include highways contract reprocurement, award for contract for various social care services, and child rights. Call 7364 4651 or email matthew.mannion

Tower Hamlets online

www.towerhamlets.gov.uk

For information on council services, including:

6.30pm: Extraordinary, King George's Field Charity Board

Call 7364 4207 or email evelyn.akoto@towerhamlets. gov.uk

Tuesday, March 11

6.30pm: health scrutiny

More information from 7364 4881 or email antonella.burgio@ towerhamlets.gov.uk

7pm: Licensing committee Contact Simmi Yesmin (details left).

Wednesday, March 12

6.30pm: Human resources committee

Call 7364 4207 or email evelyn.akoto@ towerhamlets.gov.uk

7pm: Development committee

Details on 7364 4877 or email zoe.folley@ towerhamlets.gov.uk

Details are accurate at time of going to press. Agendas are available online a week before meetings, which are at the Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG, except Cabinet.

- report a missed rubbish collection
- make a doorstep recycling
- report an abandoned vehicle
- bulk rubbish collections





TWIGS, leaves and bits of old carpet were among the items recycled to make dens during one of the half-term activities held in Victoria Park. The council's parks and open spaces team organised a day of den building, another for making bird boxes and a wildlife arts and crafts event.

Time is running

WITH elections just three months away, residents are being urged to ensure they are registered to vote.

The deadline to register is just over nine weeks away – Tuesday, May 6. Residents are being warned that if they are not registered, they will not be able to vote at the elections.

Three important elections are being held on Thursday,

BY IAN READ **t** o elect a mayor of Tower have been sent, including peo-Hamlets ■ to elect 45 councillors on the

> council ■ to elect members to the European Parliament for the Lon-

don area The council will shortly be delivering letters to every address in the borough listing people who are currently reg-

istered. It is essential that everyone's details on the register are accurate so if there are any changes to the information you

ple living there who aren't included or people listed who no longer live there, make the amendments, or complete the voter registration form, and send it back to the council.

If residents have any questions about registering or about the elections, they should contact the electoral services team by phoning 7364 0872, emailing vote@towerhamlets. gov.uk or by visiting the dedicated website www.tower hamlets.gov.uk/vote

Drug treatment providers

Community Drug Team

Substitute prescribing, key working, health screening & referral to residential treatment. 71 Johnson Street, E1. 7790 1344 www.lifeline.org.uk

Nafas

Support with a focus on Bangladeshi community. The Davenant Centre, 179-181 Whitechapel Road, E1 7377 0676.

Harbour Recovery Centre

In-patient detox for 18+ males. Riverside House, 4th Floor, 20 Garford Street, E14. 7538 9421

Young People's Service

Treatment for under-19s Unit 26, Skyline Village, Limeharbour, E14. 3069 7878 www.lifeline.org.uk

Isis

For women aged over 18 c/o Hopetown Hostel. 60 Old Montague Street, E1. 7426 0399

www.compass-uk.org

Community Alcohol Team

Unit 22, Skylines Village Limeharbour, E14. 0800 008 7200 www.rapt.org.uk

Somali Substance Misuse

Help, advice & referral for people with khat, alcohol or drug issues. Contact Idriis Elmi. Mind in Tower Hamlets & Newham, Open House 13 Whitethorn Street, E3.











Register now for free news

Tower Hamlets residents can register for the free news and consultation service giving updates on subjects they choose as often as they want them. For more information visit...

MY.TOWERHAMLETS.GOV.UK



Did you get it?

Last week's photo was of a staircase at the Tower of London.

Council information

Town Hall

Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG. 7364 5000

Hotline numbers

Housing benefits - 7364 5001 Council tax - 7364 5002 Parking services - 7364 5003 Streetline - 7364 5004 Adult social care - 7364 5005 Children's services - 7364 5006 Pest and noise nuisance -7364 5007

Environmental health, trading standards & licensing -7364 5008

Planning & development

-7364 5009

Business rates - 7364 5010 Recruitment line - 7364 5011 Electoral services - 7364 0872 Tower Hamlets Homes - 7364 5015

Healthline - 7364 5016

General enquiries

For other council enquiries call 7364 5020.

Useful housing numbers

Housing repairs - 0800 376 1637 Tenancy support - 7364 5544 Housing advice (E14) - 7364 7507 Housing advice (E1, E2 or E3) -7364 3558

Homeless service - 7364 7474 **Choice-based lettings**

- 7364 0244

Homeseekers - 0845 270 2400

Switchboard

If you know the name of the person or department you need to contact, call the switchboard on 7364 5000.



Do you know where to find this unusual feature of the borough? Our popular oddities picture poser gives readers the chance to keep their eyes peeled to see if they can spot where our photographers took the pictures. If you have photos of your own you would like to see published in East End Life, email them to eastendlife.news@towerhamlets.gov.uk or send them to Photo Poser, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. They need to be high resolution, at least 1MB and 300 dpi.

Report it!

To report an incident, use these 24-hour freephone numbers: Non-emergency crimes - 101 Textphone - 18001 101

If a crime is in progress, there is an emergency or if anyone is in immediate

danger dial 999.

The council's domestic **violence team** can provide information, signposting and referrals to local services. Bengali speakers available

0800 279 5434 (office hours) 24-hour domestic violence national helpline 0808 2000 247

Haven Whitechapel (sexual assault referral centre)

7247 4787 Karma Nirvana (Honour

Network Helpline) 0800 5999 247 **Broken Rainbow**

(LGBT domestic violence) 0845 260 4460

Black Women's Health & Family Support 8980 3503

Rights of Women

(legal advice) 7251 6577

Victim Support Line

0845 30 30 900 **Victim Support Tower**

Hamlets 8555 8254

NSPCC Child Protection Helpline

0800 800 5000

Childline 0800 1111

Shelterline

0808 800 4444 **Respect (for perpetrators)**

0845 122 8609

Reunite (advice about child abduction) 0116 2556 234

Men's Advice Helpline 0808 8010 327

Samaritans

08457 909090

Tower Hamlets Mediation Service offers confidential and impartial advice with neighbour conflict

Free service for council tenants and leaseholders. 7702 8305

Trading standards Consumer Direct: 08454 040506 Walk-in services

One Stop Shops

Bethnal Green - 1 Rushmead, off Bethnal Green Road, E2 Bow & North Poplar – John Onslow House, 1 Ewart Place, E3 South Poplar – 15 Market Square, Chrisp Street, E14 Stepney& Wapping -Idea Store Watney Market, 260 Commercial Road, E1. Open Mon-Fri, 9am, doors close at 4.30pm. Sat, 9am, doors close 12.30pm at Rushmead and Idea Store Watney Market only.

Idea Stores Bow - Gladstone Place, E3. Canary Wharf – Churchill Place, Canary Wharf, E14. Chrisp Street – Vesey Path, E14. Whitechapel – 321 Whitechapel Road, E1. 7364 4332 Watney Market – Commercial E1. 7364 4332 All open: Mon to Thurs,

9am-9pm; Fri, 9am-6pm; Sat, 9am-5pm. Sundays – Bow and Chrisp Street open, 10am-4pm; Whitechapel, 11am-5pm; and Canary Wharf, 12-6pm.

Libraries

Bethnal Green – Cambridge Heath Road, E2. 8980 3902 **Cubitt Town** – Strattondale Street, E14. 7987 3152 All open: Mon, Tues, Weds & Fri, 10am-6pm; Thurs, 10am-8pm; Sat, 9am-5pm. Local History Library and Archives – 277 Bancroft Road, E1. Open Tues, 10am-5pm; Weds, 9am-5pm; Thurs, 9am-8pm; Sat (1st & 3rd of the month), 9am-5pm. 7364 1290; email localhistory @towerhamlets.gov.uk



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A bewildering array of options



"Shared ownership has had a chequered history since its introduction in 1980, with an often bewildering variety of schemes and products offered to potential homeowners."

SHERON CARTER, CHIEF EXECUTIVE OF GATEWAY HOUSING ASSOCIATION

What is TH Homes?

Tower Hamlets Homes manages around 22,000 tenants and leasehold properties on behalf of the council.

WWW.TOWERHAMLETSHOMES.ORG.UK

Property



URBAN security experts from across Europe joined housing association Poplar Harca to see how it is making its part of east London safer. Members of the BESECURE project spent time with its anti-social behaviour (ASB) team, including a late-

night patrol with the housing association's police officers (above). The visit was part of research funded by the European Union to identify and share ASB best practice and Poplar Harca was the only UK housing association invited to take part.

The housing association said this was due to its partnership approach, which had been widely recognised and had led to an increase in the proportion of residents saying they felt safe. For more information visit www.besecure-project.eu

Help home owners buy more shares

'Less complex shared ownership'

HOUSING providers should do more to break down barriers which prevent residents in shared ownership properties from buying more shares in the property, a new report has recommended.

Moving on Up, commissioned by Gateway Housing Association, urges housing organisations to do more to remove obstacles to 'staircasing' – the ability to buy more shares in the property.

The study, which includes a survey of Gateway's shared owners, found that four in ten of its residents felt more could be done to help them buy additional shares in their property.

Better information about the costs and benefits of staircasing and providing help with up-front fees for valuations and solicitor costs would all be of help, they said.

greater slice of equity in their property and improves their

BY JESSICA ODUBAYO chances of outright ownership, says the report.

> This in turn allowed more people on low incomes to step on to the first rung of the housing ladder.

> Four in ten of Gateway's shared owners planned to move in the next five years and of these, more than seven in ten wanted to own their homes outright.

> The report sets out 15 recommendations that can be applied to all housing providers, including the need to reduce the complexity of shared ownership.

Sheron Carter, chief executive of Gateway Housing Association, said: "It is clear that shared owners have an appetite to move on up, but this research confirms that we and other housing providers could do more to help owners to buy more shares.

"This has a double benefit because it brings in capital receipts that we can use to build Staircasing gives owners a more homes, and it allows owners a better chance of moving to outright ownership."

Excellence award for TH Homes

A PROJECT aimed at to the national finals later improving housing services for lesbian, gay, bisexual and transgender residents in Tower Hamlets took first place at the regional level of an annual housing award scheme.

Tower Hamlets Homes (THH) won the TPAS Southern Tenant Participation and need is a top priority for us." Advisory Service (TPAS) seventh annual event.

ten award categories go forward list in January this year.

this year.

The award, presented on February 14, marks the third successive time that THH has won in the category.

THH chief executive Gavin Cansfield said: "We're delighted to receive this award for the third successive year. It's a regional excellence in equality fantastic result. Understandand diversity award at the ing what residents want and

Equality campaigning organisation Stonewall named THH Winners from each of the in their Top 100 UK Employers



The THH team receive their TPAS award





Find out about local schools, council services, transport links, and businesses at: www.upmystreet.com UpMyStreet)





















































You can bid for these homes only if you have an active application on the **Tower Hamlets Housing** List. Please do not visit any of them as it may cause a nuisance to neighbours.

We can only contact people we make offers to. Offers are made in priority order based on the lettings policy. A copy of the policy is available from us on 020 7364 2826 or on the website.

টাওরার স্থামণেটেস হাউপিং ডাণিকার আপদার একটি সক্রির আবেদন পাকলেই কেবল এসব বাসাগুলোর ছাল্ড আপনি নিলাম ডাকার অংশ নিডে পারকো। ডাকুরেই করে এই বাসাগুলোর কোনটিই দেখতে যাকেন না কারণ এরফালে প্রতিবেশীরা বিরক্ত

বাদেরকে আমরা বাসা দেরার প্রজ্ঞাব করি কেবল সেসব লোকেদেরকেই আমরা লোকেদেরকেই আদনা দোগায়াগ করে থাকি। ভাড়ার নিভিমালার (লেটিং পণিসি) উপর ভিগ্রি করে তথ্যেশিকারের ভিগ্রিড বাসা দেরার প্রজ্ঞাব করা হর। 020 7364 দ্যা ২০। ৩৯-2826 নম্মরে অধ্বয় ওয়েবসাইটে এই নীডিমালার কশি পাওয়া যাবে।

Waxaad dooran kartaa guryahan kaliya haddii aad leedahay codsi wali shaqayna oo ku jira liistada guryaha ee Tower Hamlets. Fadlan adigoo raali ah midna ha soo booqan guryahan, waxa laga yaabaa inay buuq ku keenaan jaararka.

Waxaan kaliya oo aan la xidhiidhnaa dadka aanu guryo ugu deeqayno. Guryo bixintu waxa lagu gaadhaa habka mudnaanta loo kala leeyahay ee ku salaysan nidaamka guryo kiraynta. Nugul ka mid ah nidaamkan waxaad nagaga heli kartaa adigoo la soo xidhiidha telefanka 020 7364 2826 ama cinwaanka internetka

若你仍然登記在塔 橋區政府現時生效 的房屋名單上,你 才可以競投這些房 屋。請切勿到任何 這些房屋造訪,因 爲這可能對鄰居造 成滋擾

我們只能聯絡那些 我們可以提供房屋的人士。我們根據 租屋政策按優先次 序提供房屋。欲索 取這份政策,請致 電我們,號碼 020 7364 2826,或瀏覽 網站

Nếu đơn thĩnh cầu của bạn trong danh sách xin cấp nhà của Tower Hamlets mà có kết quả, bạn có thể lựa chọn những cản nhà này. Xin đừng tởi tham quan bất cử căn nhà nào vì có thể gấy nên những phiền toái cho hàng xóm.

Chúng tới chỉ có thể liên lạc với những người chúng tới cấp nhà. Quyết định cấp nhà theo thứ tự ưu tiên dựa trên chính sách cho thuế nhà. Nếu bạn cần bản sao chính sách này, bạn có thể gọi số 020 7364 2826 hoặc vào trang web.

آپ إن گھروں كے كئے صرف أس صورت میں بولی دے سے جی اگر "اور ایملفس باؤسٹک بسٹ" میں آب كى درخواست واجب اورز رغور پ ۔ براو کرم اِن میں سے کی گھرکو ویکھنے کے لئے مت جاہیے "کیونکہ پ ہمسائیوں کے لئے پر بیٹانی کا باعث ہو

ہم صرف اُن لوگوں سے رابطہ کر سکتے ۔ میں جن کوہم گھر کی پینیکش کرتے ہیں۔ پیپینیش کرا بیدواری کی پالیسی کی بنیاد يررجي الحاظ سے ك جاتى ب- ياليسى ک کا پل ہم سے اس نمبر پردابط کے ڏرييع وسٽياب جو سکتي ہے ["] 020 7364 2826 يآپ است و يب ما نمث يرطا حظ كريكة وں ۔

website: www.towerhamlets.gov.uk

Support Charges apply to all Sheltered homes for the Over 60's. This will be covered by Supporting People Subsidy if you are entitled to Housing Benefit or other benefits. Subsidy is also available for individuals not in receipt of benefit in some cases. If you need information about financial help, please contact the Lettings Team on 020 7364 0204/0206 or ask for a copy of our leaflet

'Support Charges in long term Supporting People Services'. This is also available on our website www.towerhamlets.gov.uk.

Further information on homes advertised is available at One Stop Shops & **Neighbourhood Housing Offices**

Key for Accessible Housing Register

some people require a nome that is accessible. These nomes are coded as follows:		
Category	Description	
A Wheelchair Accessible	Purpose built to meet most recent wheelchair housing standards	
B Partially Wheelchair Accessible	Designed to older wheelchair housing standards	
C Life time Homes	Specifically designed to create an accessible and adaptable home	
DEasy Access	Designed to be spacious with no steps to the property	
E Step-free	General housing with no steps to the property	
F General Housing	Does not meet requirements for other categories	
GNot assessed	Property not yet had access survey	

Vulnerable applicants who need help and information regarding their housing application and with finding suitable accessible and/or adapted homes, contact the Lettings Client Support Team on **020 7364 0204** / **0206** / **0209**.



1. Internet Bidding Just log on to www.thhs.org.uk



2. Telephone Bidding Simply call 0845 270 2400

Permit Transfer Scheme: for residents moving to 3 bedroom or larger social rented car free homes

The Mayor of Tower Hamlets introduced the new Permit Transfer Scheme (PTS) to operate from 5 September 2011 to help to reduce the levels of overcrowding in social rented housing in the borough. The PTS helps some families move to larger social rented car free homes by allowing them to retain one on-street resident car parking permit, subject to the PTS criteria as outlined below being met. The PTS is a change in the operation of the Council's existing on-street Residents' Parking Permit Scheme.

CAR FREE HOMES No on-street residents' parking permits issued

The Council's 'car free homes' planning policy was introduced in Tower Hamlets in the late 1990s to help reduce traffic congestion and better manage the limited supply of on-street parking spaces. This initiative also helps to reduce the level of air pollution from motor vehicles and encourages more people to walk, cycle and go by public transport.

The Transport for London (TfL) Cycle Hire scheme (www.tfl.gov.uk/cycling) and local payas-you-go car clubs (www.carplus.org.uk) are also now available in Tower Hamlets to help you get around in healthier, greener ways.

If you live in a car free home, you will not be able to apply for on-street residents' car parking permits, unless you hold a disabled driver's blue badge or are eligible under the Permit Transfer

Scheme (PTS), which is targeted at social rented 6, the PTS was introduced on (and operates housing residents. The criteria for the PTS is as follows:

1. applies to residents moving to 3 bedroom or larger social rented car free homes;

2. only one on-street resident parking permit per household is permitted;

3. you must have held your on-street car parking permit for at least 1 year prior to moving home;

4. your on-street parking permit must be renewed and not lapse to remain eligible under

5. the tenant is responsible for providing proof of PTS eligibility to Parking Services (including a duly signed and dated Tower Hamlets Homes or housing association approved tenancy agreement); and

from) 5 September 2011 by Tower Hamlets Council and is not retrospective.

Residents in car free homes can apply for a temporary parking permit for visiting trades people for £5 a day. To qualify, written proof of the work to be carried out must be provided, along with the vehicle's details. Each home can apply for a maximum of 20 one-day-permits within a 6 month period.

Alternatively, scratchcards are available for trades people and visitors, providing parking for up to five hours on weekdays and all day on weekends. Households can apply for up to 3 books of 10 scratchcards per year. For permit charges and information, visit www.towerhamlets.gov.uk/parking

For more detailed information about the following adverts please visit the Homeseekers website at www.thhs.org.uk



ELF ROW, E1W

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets with landlords permission

Eligibility: Min Client Age 60

£130.87, Weekly - Social Rent Landlord: EastendHomes

Property Ref: 29303



JOHN SINCLAIR COURT, THRAWL

STREET, E1
Flat • 2 Bed 2 Person • 1st floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted . £13.85 Heating/hot water charge non-rebateable . Support Warden available 9-5 . Additional wet floor shower in block

Eligibility : Min Client Age 60

£296.38, Weekly - Social Rent Landlord: One Housing Group

Property Ref: 29297



JOHN SINCLAIR COURT, THRAWL

STREET, E1
Flat • 1 Bed 2 Person • 1st floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted . £13.85 Heating/hot water charge non-rebateable . Support Warden available 9-5 . Additional wet floor shower in block

Eligibility: Min Client Age 60

£245.00, Weekly - Social Rent Landlord: One Housing Group

Property Ref: 29298



CORNWOOD DRIVE, E1

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets with landlords permission

Eligibility : Min Client Age 50

£139.88, Weekly - Social Rent Landlord: Swan Housing Association

Property Ref: 29329



FRASER COURT, FERRY STREET, E14

Flat • 1 Bed 2 Person • 1st floor • Open plan kitchen • No Liff • Bathroom with W/C • GCH • No garden • Residents parking scheme • Pets not permitted . Rent increase pending April 2014

Eligibility : Min Client Age 50

£112.44, Weekly - Social Rent Landlord: East Thames Group

Property Ref: 29319



OLD CHURCH ROAD, E1

Flat • 0 Bed 1 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • Check heating on viewing • No garden • Pets permitted . Rent increase pending April 2014

£85.06, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 29322



EVERARD HOUSE, BOYD STREET, E1

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • One lift • Separate Bathroom and W/C • GCH • No garden • Pets permitted . Rent increase pending April 2014

£101.25, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 29296



SHADWELL GARDENS, CABLE STREET, E1

SIREET, E1
Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryhone • Separate Bathroom and W/C • GCH • No garden • Pets permitted . Rent increase pending April 2014

£97.41, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 29332



WINTERTON HOUSE, DEANCROSS

WINTERTON HOUSE, DEANCROSS
STREET, E1
Flat • 1 Bed 2 Person • 5th floor • Separate
kitchen • Two lifts • Entryphone • Bathroom
with W/C • Electric radiators • No garden •
Residents parking scheme • Pets not
permitted . Concierge

£134.39, Weekly - Social Rent Landlord: Tower Hamlets Community

Property Ref: 29316



EXMOUTH HOUSE, CAHIR STREET,

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Liff • Bathroom with W/C • GCH • No garden • Pets with landlords permission

Eligibility: Band 3

£116.36, Weekly - Social Rent Landlord: EastendHomes

Property Ref: 29301



NOVA COURT EAST, YABSLEY

NOVA COURT EAST, YABSLEY STREET, E14
Flat • 1 Bed 2 Person • Ground Floor • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets with landlords permission • Fixed Term. This is a fixed term tenancy of 5 years except for those who currently hold a Secure/Assured social housing tenancy . 1 flight of stairs to block main entrance

£151.82, Weekly - Social Rent Landlord: Swan Housing Association

Property Ref: 29330



MATILDA HOUSE, ST KATHARINES

MATILDA HOUSE, ST KATHARINES WAY, E1W Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Separate Bathroom and W/C • Check heating on viewing • No garden • Pets with landlords permission . Tenant participation expected in the runing of the block - see TMO information below . Rent increase pending April 2014

£105.35, Weekly - Social Rent Landlord: Stephen & Matilda Co-op

Property Ref: 29306



PARRY HOUSE, GREEN BANK, E1W

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Bathroom with W/C • GCH No garden • Pets permitted . Rent increase pending April 2014

£112.28, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 29313



Accessible Category G
PEABODY BUILDINGS NORTH BLOCK,
BRODLOVE LANE, E1W
Flat • 1 Bed 2 Person • 3rd floor • Separate
kitchen • One lift • Entryphone • Wet room
(walk in shower) • GCH • No garden • Pets
not permitted • Fixed Term. This is a fixed
term tenancy of 5 years. One week's rent in
advance required at sign up of tenancy

£123.99, Weekly - Social Rent Landlord: Peabody

Property Ref: 29294



BEDROOM

Accessible Category F
CHARLES DICKENS HOUSE,
MANSFORD STREET, E2
Flat • 1 Bed 2 Person • 3rd floor • Separate
kitchen • Two lifts • Entryphone • Bathroom
with W/C • Electric storage heater • No
garden • Residents parking scheme • Pets
not permitted . Heating included in
charges . Concierge

£148.65, Weekly - Social Rent Landlord: Tower Hamlets Community Housing

Property Ref: 29314



BROCKMER HOUSE, CROWDER

STREET, E1

Maisonette • 2 Bed 3 Person • 1st floor •
Separate kitchen • One lift • Entryphone •
Separate Bathroom and W/C • GCH • No
garden • Pets with landlords permission

Property Ref: 29321

£131.66, Weekly - Social Rent Landlord: EastendHomes



CLEARBROOK WAY, E1

Maisonette • 2 Bed 4 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets with landlords permission

Eligibility: Band 3

£156.85, Weekly - Social Rent Landlord: Swan Housing Association

Property Ref: 29310



CLOVELLY WAY, E1

Maisonette • 2 Bed 4 Person • Ground Floo • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Pets with landlords permission

£143.66, Weekly - Social Rent Landlord: Swan Housing Association

Property Ref: 29311

Property Ref: 29307



FAIRFIELD, REDMANS ROAD, E1

Maisonette • 2 Bed 4 Person • Ground Floo • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Check parking on viewing • Pets not permitted

£109.58, Weekly - Social Rent Landlord: Southern Housing Group

BRANCASTER HOUSE, MOODY

BRANCASTER HOUSE, MOODY STREET, E1 Maisonette • 2 Bed 4 Person • 2nd floor • Separate kitchen • No Lift • Entryhonoe • Separate Bathroom and W/C • GCH • No garden • Pets permitted . Rent increase pending April 2014 PREFERENCE TO HOUSING MOVES APPLICANTS

£112.86, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 29320



BEDRO

Accessible Category F
RAYNHAM HOUSE, HARPLEY
SQUARE, E1
Maisonette • 2 Bed 4 Person • 3rd floor •
Separate kitchen • Two lifts • Entryphone
Separate Bathroom and W/C • GCH • No
garden • Pets permitted . Rent increase
pending April 2014

£114.67, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 29299



SPELMAN STREET, E1

Maisonette • 2 Bed 3 Person • Ground Floor • Open plan kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Pets not permitted

£136.27, Weekly - Social Rent Landlord: Spitalfields HA

Property Ref: 29331



Accessible Category F
FREDERICK CHARRINGTON HOUSE,
WICKFORD STREET, E1
Flat • 2 Bed 4 Person • 5th floor • Separate
kitchen • One lift • Entryphone • Separate
Bathroom and W/C • GCH • No garden •
Pets permitted . Rent increase pending
April 2014

£118.63, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 29324



Accessible Category F
GALLEON HOUSE, GLENGARNOCK
AVENUE. E14
Maisonette • 2 Bed 4 Person • 10th floor •
Separate kitchen • Two lifts • Entryphon •
Separate Bathroom and W/C • GCH • No
garden • Pets with landlords permission

Eligibility: Band 3

£135.63, Weekly - Social Rent Landlord: EastendHomes

Property Ref: 29308



BEDRO BLACKWALL WAY, E14

Flat • 2 Bed 4 Person • 4th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years except for those who currently hold a Secure/Assured social housing tenancy

£164.85, Weekly - Social Rent Landlord: Swan Housing Association

Property Ref: 29315

For more detailed information about the following adverts please visit the Homeseekers website at www.thhs.org.uk



HILLIARD HOUSE, PRUSOM STREET,

E1W
Flat • 2 Bed 3 Person • 4th floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Pets permitted Rent increase pending April 2014

Property Ref: 29305



BEDROOMS ALZETTE HOUSE, MACE STREET, E2

Flat • 2 Bed 4 Person • 1st floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted . Rent increase pending April 2014

£122.36, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 29295



BEDROOMS

Accessible Category F
CHARLES DICKENS HOUSE,
MANSFORD STREET. E2
Flat • 2 Bed 4 Person • 21st floor • Separate
kitchen • No Lift • Entryphone • Separate
Bathroom and W/C • Electric storage heater
• No garden • Residents parking scheme •
Pets not permitted . Children must be 10 years & over . Heating included in charges . Lift to 20th floor only . Concierge

£158.25, Weekly - Social Rent Landlord: Tower Hamlets Community Housing

Property Ref: 29325



_ALEHAM HOUSE, CAMLET STREET,

E2
Flat • 2 Bed 4 Person • 3rd floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted . Rent increase pending April 2014

£117.24, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 29304



BEDRO APOLLO HOUSE, ST JUDES ROAD, E2

Maisonette • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Pets not permitted . Estate parking

£142.98, Weekly - Social Rent Landlord: Tower Hamlets Community Housing

Property Ref: 29312



HARRIS HOUSE, ALFRED STREET, E3

Maisonette • 2 Bed 4 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted . Rent increase pending April 2014

£122.27, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 29309



GAYTON HOUSE, CHILTERN ROAD, E3

Maisonette • 2 Bed 4 Person • 7th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets with landlords permission . Rent increase pending April 2014 . One week's rent required at sign up of tenancy

Eligibility: Band 3

£138.90, Weekly - Social Rent Landlord: Poplar HARCA

Property Ref: 29326



GRAFTON HOUSE, WELLINGTON

WAY, E3
Flat • 2 Bed 4 Person • 18th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • Electric storage heate • No garden • Pets with landlords permission . Children must be 10 years

£142.21, Weekly - Social Rent Landlord: EastendHomes

Property Ref: 29302



BEDROOMS LONGNOR ROAD, E1

Maisonette • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • Private garden • Pets permitted . Rent increase pending April 2014

Eligibility: Transfer List

£136.68, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 29300



BLUE ANCHOR YARD, E1

House • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Off street parking • Pets permitted . Rent increase pending April 2014

£145.83, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 29327



Accessible Category F
PEABODY BUILDINGS BLOCK A,
BRODLOVE LANE, E1W
Flat • 3 Bed 5 Person • 1st floor • Separate
kitchen • No Lift • Entryphone • Bathroom
with W/C • GCH • No garden • Pets not
permitted • Fixed Term. This is a fixed term
tenancy of 5 years. One week's advance
rent required at sign up of tenancy

£140.24, Weekly - Social Rent Landlord: Peabody

Property Ref: 29318



MINCHIN HOUSE, DOD STREET, E14

Maisonette • 4 Bed 7 Person • Ground Floor Walsonette 4 Bed 7 Ferson • Ground Floor
• Separate kitchen • No Lift • Bathroom with
W/C and Additional W/C • GCH • Private
garden • Pets with landlords permission
Rent increase pending April 2014 . One
week's rent required at sign up of tenancy

£166.50, Weekly - Social Rent Landlord: Poplar HARCA

Property Ref: 29323

Tenant Management **Organisations**

Tenant Management Organisations (TMOs) are formed when tenants decide they want to take over the management of their homes. TMOs usually take the form of either a Tenant Management Co-operative (TMC) or an Estate Management Board (EMB).

When a TMO take over the management of an estate the Council still owns the homes and the tenants keep the same rights as other Council tenants.

Should you move to a property managed by a Tenant Management Organisation (TMO) you may be expected to contribute to the day to day running of the block & estate.

TMO responsibilities can vary, but may include:

organising repairs
deciding on caretaking and estate cleaning priorities
collecting rent and managing arrears
employing and managing staff and contractors
looking after public gardens and other shared areas

controlling any estate improvements providing advice and support to tenants.

be aware of this when bidding for a Tenant Management Organisation

REMINDER

Please respect people's privacy by not attempting to access advertised properties or knocking at neighbouring homes.

This causes a nuisance and may distress some individuals.

AFFORDA

Changes to Government policy mean that Housing Associations have been forced to charge higher rents on some properties. In addition not all tenancies will be tenancies for life.

Please note the rent level and length of tenancy offered on the following homes.

You are advised to check the Homeseekers website at www.thhs.org.uk for further information.



ST THOMAS HOUSE, EAST ARBOUR

Flat • 2 Bed 4 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Life Time.

£180.12, Weekly - Affordable Rent Landlord: Gateway Housing Association

Property Ref: 29317



BILLSON STREET, E14

Flat • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Check parking on viewing • Pets with landlords permission • Fixed Term. This is a fixed term tenancy of 10 years.

£186.10, Weekly - Affordable Rent Landlord: East Thames Group

Property Ref: 29333



AFFORDA PATRIOT SQUARE, E2

Flat • 2 Bed 3 Person • 1st floor • Open plan kitchen • No Lift • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 2-5 years.

£224.52, Weekly - Affordable Rent Landlord: One Housing Group

Property Ref: 29328



Internet Bidding - Just log on to www.thhs.org.uk



Telephone Bidding - Simply call 0845 270 2400

tower hamlets

The theme this year is

Saving money on your housing costs



























Spotlight

Hay Currie Street

London E14 6GN

020 3011 1333











Saturday 15th March 2014

Open to the public from 11am to 3pm Spotlight Centre, 30 Hay Currie Street, Poplar, London E14 6GN

Footbridge

Information stalls:

- **Housing options** general advice on housing.**
- **(Please note we will not be providing detailed individual advice about your housing application at this event. Please contact your Landlord if you wish to discuss your individual housing application in more detail).
- Money Advice (provided by getting on with money project) preparing for your first tenancy, how to budget and save.
- East End Energy Fit providing you with help and advice to reduce and manage energy bills and heat your home.
- Tower Hamlets Energy (T.H.E) free energy saving bulbs, and join the Tower Hamlets energy co-operative for cheaper energy bills.
- **Exchanging your Council or Housing Association tenancy** register with Homeswapper and House Exchange.

Nearest transport is:

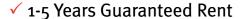


DLR – Langdon Park (station directly outside door)



Bus - 309

Parking available on nearby streets (usual LBTH parking restrictions apply)



- ✓ Start Rent Immediately
- ✓ No Fee
- ✓ No Commission
- ✓ No Void Periods
- ✓ Full Management
- ✓ Dedicated Maintenance Team
- ✓ Free Inventory and Quarterly Inspection
- ✓ Free Refurbishment & Maintenance
- ✓ Free Energy Performance Certificate
- ✓ Free Gas Safety Certificate
- ✓ Free Electrical Safety Certificate



CALL NOW:

236 ROMAN ROAD, LONDON, E2 ORY **EMAIL: INFO@HAMLETTS.COM** TEL: 020 8980 3377 FAX: 020 8980 9434







Smart Training

Boost your employment chances with a training course

Aged 16-24 and looking to get started in a career? Then study free of charge* for the Traineeship Programme with Smart Training.

- Study for a Certificate in Work Skills
- Complete a high quality work placement
- Get tuition in English and Maths
- Improve your CV writing and interview skills.

Training is weekly in East London and you can keep any benefits you're entitled to.

*Depending on your existing qualifications. You must have lived in the UK or European Union for the last three years to be eligible.

Traineeships

Interested? Apply now – text SMART to 80800, email start@smart-training.com, phone 0845 177 0695 or see www.smart-training.com/jobsandadvice



Sir John Cass's Foundation & Red Coat Church of England Secondary School Stepney Way, London E1 ORH

Telephone: 020 7790 6712 | Fax 020 7790 0499

WE REQUIRE THE FOLLOWING:

Personal Assistant to Senior Leadership Team & Marketing

Salary Level: Circa \$30,000 Full time – 35 hours per week. All Year Round appointment

To provide administrative, organisational and technical support to the Senior Leadership Team and to be responsible for arranging all marketing activity for both the Main School and the 6th Form College.

Candidates should have experience in business administration, with good communication skills both verbal and written. They must be educated to degree level with at least two years marketing experience.

If you are interested in the above position please complete the school application form which can be found on the school website, along with the Job Description.

Completed forms should be emailed to Ilias Avramidis, the School's Bursar ilias.avramidis@sjcr.net.

Closing date - Friday 14th March 2014

Sir John Cass's Foundation & Red Coat Church of England Secondary School Stepney Way, London E1 ORH

Telephone: 020 7790 6712 | Fax 020 7790 0499

Academic and Cover Tutors (Physics, Maths, Sociology, Business Studies)

Salary 17+ NJC APT & C scales (pro rata)

- dependent on experience and qualifications
up to circa £20,328k pro rata.

35 hours per week/term time only/temporary

until 31st August 2014

TWe require graduates with degrees in (Physics, Maths, Sociology, Business Studies) to work with students on an individual basis in

preparation for their SATs,
GCSEs and Advanced level studies. The post will also involve a
small proportion of class supervision (cover).

Please complete the Application form on the school website www.sjcr.net and send to Mr Evans, the Headteacher, either by post or fax or email (haydnevans111@yahoo.co.uk). A copy of the Job Description and Selection Criteria is available on the School Website.

Applications to be received ASAP. Closing date: 13th March 2014 at the latest

Did you know...

you could advertise here for as little as £69 + VAT?

Call...

Terri on 7364 4682 Chris on 7364 4994 Fatima on 7364 4623 Sharan on 7364 4061

WHFS Volunteer Maternity Mates Project VOLUNTEERS NEEDED

The WHFS Volunteer Maternity Mates Project provides FREE accredited OCN level 3 training to volunteers, enabling them to support women through pregnancy and childbirth.

Open day held on: Date: 27th March 2014

Venue: The Brady Centre, 192 to 196 Hanbury Street, E1 5HU
Time: 11am to 1pm

Limited places available to register your interest please send a text message to 07960327760/07960328198 or send an e-mail to jasmin.begum@whfs.org.uk with your name and contact details.

WHFS HEALTH EDUCATION | RESEARCH

£30,648 to £33,639

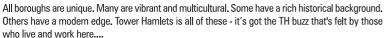
£31,464 to £40,911

TOWER HAMLETS

Tower Hamlets Clinical Commissioning Group



Career Opportunities





Food Safety Officer

Communities, Localities and Culture Directorate Ref: CLC00553 Closing date: 09.03.14

Social Workers
Family Support & Protection

Education Social Care and Wellbeing Directorate Ref: ESW00101 Closing date: 09.03.14

For more information and to apply for these and other career opportunities, please visit the Tower Hamlets website.

www.towerhamlets.gov.uk/careers

We shall ensure fairness and equal opportunities throughout our workforce and in service delivery. We welcome applications from suitably skilled candidates regardless of ethnicity, gender, disability, sexuality, religion or age.





Creating Opportunities for a Real life Experience

Hourly Paid Work Opportunities with CORE Projects

CORE Projects provides vocational training opportunities for young people and adults with learning difficulties and disabilities who are looking to develop work-based skills that will bring them closer to the labour market.

We are looking for staff and volunteers who support our ethos in providing a quality service to the most vulnerable members of our community and are willing to meet the varied needs of our trainees in a way that makes them feel safe, supported and valued.

If you feel you meet this criteria, have some experience of working with young people and adults with learning difficulties and disabilities, then please contact Dawud Marsh on 07957322195 or email us at info@core-projects.org.uk indicating which post you are interested in.

Sports Trainer - to deliver a range of sporting activities. 1 day a week

Project Trainer – to deliver training and support trainees to produce a newspaper. 2 days a week

Minibus Driver - Will need to have a MIDAS certificate or be able to gain this certificate before starting.

Catering Trainer – to deliver catering training. Initially 1 day per week expanding to 5 days per week in the future.

1 to 1 Support Worker – to provide 1 to 1 support for young people and adults with learning difficulties and disabilities off site and within project sessions. Days will vary.

Rate of pay is dependent on qualifications and experience.

info@core-projects.org.uk

LONDON BOROUGH OF TOWER HAMLETS

THE TOWER HAMLETS (C1 PARKING PLACES) (NO.1) ORDER 2011 (AMENDMENT NO.1) ORDER 2014 NO.13

THE TOWER HAMLETS (PERSONALISED DISABLED PARKING PLACES) (NO.1) ORDER 2010

(AMENDMENT NO.3) ORDER 2014 NO.19

THE TOWER HAMLETS (WAITING AND LOADING RESTRICTIONS) (NO 1) ORDER 2012 (AMENDMENT NO.3) ORDER 2014 NO.20

THE TOWER HAMLETS (DOCTORS PARKING PLACES) (NO.1) ORDER 2011 (AMENDMENT NO.1) ORDER 2014 NO 21

THE TOWER HAMLETS (C4 PARKING PLACES) (NO.1) ORDER 2011 (AMENDMENT NO.2) ORDER 2014 NO 22

THE TOWER HAMLETS (LOADING BAYS) (NO.1) ORDER 2011 (AMENDMENT NO.1) ORDER 2014 NO 16

THE TOWER HAMLETS (A6 PARKING PLACES) (NO.1) ORDER 2011 (AMENDMENT NO.2) ORDER 2014 NO.23

THE TOWER HAMLETS (FREE PARKING PLACES) (GENERAL USE – DISABLED PERSONS) (NO.1) ORDER 2010 (AMENDMENT NO.1) ORDER 2014 NO.24

- NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets on 3rd March 2014 made the above-mentioned Orders under the relevant sections of the Road Traffic Regulation Act 1984, as amended by Section 5 of the Local Government Act 1985 and the Traffic Management Act 2004.
- 2. The general effect of the Orders would be to:
 - Yeoman's Yard To convert the existing Single Yellow Line Restrictions on all sides of the Street and through the Cul-de-sac to Double Yellow Lines (At Any Time) Waiting Restrictions.
 - ii) South Tenter Street To convert existing Yellow Lines at three locations on the south side (Cashless) Pay & Display Bays
 - Scarborough Street To convert approx. 6m of the existing Resident Bay on the south side, outside No 31 to a Personalised Disabled Bay
 - iv) Alie Street To convert existing Yellow Lines on the south side, outside No 4 to (Cashless) Pay & Display Bays
 - v) Glasshouse Field To revoke and the Personalised Disabled Bay No 449 on the east side and convert the space a Permit holders only Bay
 - vi) Cable Street (C1)
 - a. To convert approx. 6m of the existing Yellow Line / Permit Bays on the south side, outside 35-44 Noble Court to a Personalised Disabled Bay
 - To convert all existing Single Yellow Lines on the south side between its junction with Crowder Street and Fletcher Street to Double Yellow Lines.
 - c. To extend the Resident Bay on the south side, outside 74–87 Noble Court westwards by approx 6m
 - d. To extend the Resident Bay on the south side, outside 54–73 Noble Court eastwards by approx. 6m
 - e. To reinstate the Business Bay outside No 6-8
 - f. To convert existing Single Yellow Lines outside Sapphire Court to shared use Bays (with Cashless signage)
 - vii) East Arbour Street To revoke the Personalised Disabled Bay No 109 outside No 9 and convert the space to a Resident Bay.
 - viii) **Flamborough Street** To revoke the Personalised Disabled Bay No 483 outside No 18 and convert the space to a Resident Bay
 - ix) Marshfield Street To revoke the Personalised Disabled Bay No 302 outside Argyle House, and convert the space to a Resident Bay.
 - x) Ensign Street To change all Double Yellow Lines on the west side Single Lines (i.e. The street's pre-Olympic Games layout)
 - xi) Dock Street -
 - To reinstate all Restrictions and Parking Bays on Street to the pre-Olympic Games layout (i.e. to Single Yellow Lines and a Business Bay on the West side outside No 20)
 - To introduce on the west side a new (Cashless) Pay and Display Bay for approx. 2-3 vehicles at the north end of the street
 - xii) Poplar High Street:
 - To convert approx. 12m of the existing Yellow Lines on the north side, outside No 121-123 to a Loading Bay
 - To convert approx. 6m of the existing Shared use Bay on the north side, opposite Poplar College to a General Disabled Bay (3 Hours Max Stay)
 - xiii) **Buckle Street** To convert approx. 6m of the existing Yellow Lines on the south side, outside No 21-23 to a Personalised Disabled Bay
 - xiv) Hale Street To convert approx. 6m of the existing Shared use Bay on the west side, by Willis House to a General Disabled Bay (3 Hours Max Stay)
 - xv) Hardinge Street To convert approx. 6m of the existing General Disabled Bays on the west side to a Personalised Disabled Bay.
 - xvi) Golding Street To revoke and convert the existing Doctors Parking Bays on the east side to Permit Holder Only Bay.
 - xvii) Old Montague Street
 - a) To implement 'At Any Time' Waiting and Loading restrictions on existing Double Yellow lines on both opposite and outside King's Arms Court.
 - b) Relocate the General Use Disable Bay (outside the Hostel) to opposite Casson Street and shift both the Shared Use and Resident bay in a Westerly direction by 6m.
- 3. The Regulations, fees and usual exemptions imposed by the governing Traffic Management Orders would apply to the proposals referred to in paragraph 2 above.
- 4. A copy of each of the proposed Orders and all relevant documents can be inspected, by prior appointment, at the offices of the at the Parking Services Offices, 585-593 Commercial Road, London E10HJ (0207-364 6952), during normal office hours on Monday to Friday inclusive until the expiration of a period of 21 days from the date on which this notice is published.
- 5. Any person desiring to comment on or object to any of the proposed Orders should send a statement in writing or Email Parking development@towerhamlets.gov.uk of their objection and the grounds thereof, to the above address within the aforementioned period of 21 days.

Dated: 3rd March 2014

JAMIE BLAKE, SERVICE HEAD, PUBLIC REALM

INITIAL DEMOLITION NOTICE

"Initial Notice"

Section 138A and Schedule 5A of the Housing Act 1985 as amended

THIS NOTICE IS GIVEN by Poplar HARCA Limited of 167a East India Dock Road, London E14 0EA ("the Registered Provider").

The Registered Provider is required by Schedule 5A of the Housing Act 1985 as amended ("the Act") to publish the following information:

Intention to Demolish

The Registered Provider intends to demolish the following properties (the "Relevant Premises") which includes the dwelling-house which you occupy:

- o 25 55a (odds) Aberfeldy Street, Poplar, London E14 0NU
- o 36 50a (even) Aberfeldy Street, Poplar, London E14 0NU
- o 1 23 Theseus House, Blair Street, Poplar, London E14 0QA
- o 1 16 Trident House, Blair Street, Poplar, London E14 0NX

Reason for Demolition

Demolition of the Relevant Premises is necessary for a major redevelopment scheme to regenerate the area. This is known as the Aberfeldy Village Regeneration project which has recently obtained planning consent to demolish 297 existing dwellings and to provide up to 1,176 new homes on the Aberfeldy Estate. In addition, the regeneration will deliver 11,231 m2 of high quality public open space and public realm, 1743m2 of new retail space, 826m2 of new community and faith space, 960m2 of new space for health facilities.

Demolition Period

The Registered Provider intends to demolish the Relevant Premises by 24 February 2019 being no more than seven years after the date of service of this Notice and being a reasonable period within which to carry out the proposed demolition.

Date by which the initial Demolition Notice shall no longer have effect

This Notice will cease to be in force on 24 February 2019 unless previously revoked under the provisions of Paragraph 3 Schedule 5A of the Act or otherwise terminated.

Effect of the Initial Demolition Notice

Whilst this Notice remains in force the Registered Provider will not be under any obligation to make such a grant as is mentioned in Section 138(1) of the Act in respect of any claim made by you to exercise the Right-to-Buy or Right-to-Acquire in respect of any of the Relevant Premises.

This Notice does not prevent:-

- (i) you from making a claim to exercise the Right-to-Buy or Right-to-Acquire
- (ii) you taking such steps pursuant to Part V of the Act in connection with any such claim up to the point of operation of Section 138 (1) of the Act
- (iii) the operation of Section 138 (1) of the Act in most circumstances when this Notice ceases to be in force but

If the Registered Provider subsequently serves a Final Demolition Notice in respect of the Relevant Premises, the Right-to-Buy and Right-to-Acquire will not arise in respect of the Relevant Premises while that Notice is in force and any existing claim will cease to be effective.

The suspension of the Right-to-Buy and Right-to-Acquire will not affect valid applications made before 18th January 2005.

Right to Compensation

You may have a right to compensation under Section 138C of the Act in respect of certain expenditure incurred if at the time when this Notice is served on you there is already an existing claim to exercise the Right-to-Buy or Right-to-Acquire in respect of your property. In such circumstances if within the period of three months beginning with the date when the Initial Notice comes into force ("the Operative Date") you serve on the Registered Provider a written notice claiming an amount of compensation, the Registered Provider shall pay that amount to you.

Compensation is in respect of expenditure reasonably incurred by you before the Operative Date in respect of legal and other fees and other professional costs and expenses payable in connection with the exercise by you of the Right-to-Buy or Right-to-Acquire.

Your claim must be accompanied by original receipts or other documents showing that you have incurred the expenditure in question.

The Operative Date of this notice is 10 March 2014 being the date a copy of this notice was served on the tenants of the Relevant Premises.

Further information about this Notice is obtainable from Poplar HARCA on 0800 035 1991 or at 167a East India Dock Road, E14 0EA or at info@poplarharca.co.uk.

Signed

Andrea Baker, Director of Housing



Why you should ead Public and

Dated: 10 March 2014

These notices inform the public of planning act notices from roads to buildings as well as licensing act notices, insolvency acts, notices to creditors, missing beneficiaries etc.

LONDON BOROUGH OF TOWER HAMLETS

PLANNING (LISTED BUILDINGS AND **CONSERVATION AREAS) ACT 1990, SECTIONS 10, 67 AND 73**

APPLICATIONS FOR LISTED BUILDING CONSENT AND APPLICATIONS FOR DEVELOPMENT WHICH WOULD IN THE OPINION OF THE LOCAL PLANNING AUTHORITY AFFECT THE CHARACTER OR APPEARANCE OF AN AREA DESIGNATED AS A CONSERVATION AREA OR WOULD AFFECT THE SETTING OF A LISTED BUILDING.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

136-142 Whitechapel Road, London PA/14/00226/KHA & PA/14/00227/KHA Change of use from A1 retail to A3 restaurant with new external extract flue and openings formed in existing walls.

Professional Development Centre, English Street, PA/14/00245/BMC London, E3 4TA

Alterations to glazed screens, repositioning of screens/doors and associated works.

Electrical meter cabinet at Princelet Street (Adjacent to no. 60), London, E1 5LP

PA/14/200/KHA

Installation of 1no. electrical meter cabinet measuring 1015mm x 651mm x 253mm, and development ancilliary thereto on the highway at Princelet Street, London,

Minstrel Court, Teesdale Close, London

PA/14/90/SHA

Erection of a roof extension to facilitate 1 x 2 bedroom flat

139 Commercial Street, London, E1 6BJ

PA/14/214/MCH

1No. painted text logo on fascia.

Bangla Media Store 5-7 Osborn Street, London PA/14/280/MCH

Demolition of rear store and stairs and proposed single storey extension.

34 Princelet Street, London, E1 5LP

PA/14/00181/SHT

PA/14/216/NAS

Application for planning permission for the following works:

- 1) the excavation and underpinning to provide a new basement level
- 2) Introduction of a retractable glazed roof over the existing courtyard to provide additional internal area at ground level

Flat 15, Duke Shore Wharf, 106 Narrow Street, London, E14 8BU

Replacement of timber framed windows and doors with UPVC framed double glazed

65 Tredegar Square, London, E3 5AE

PA/14/104/SBU

Demolition of existing warehouse and change of use to C3 residential and the erection of 8 no.self-contained houses (4 x 2 bed & 4 x 4 bed units) with 2 no. on site car parking spaces; cycle and refuse storage facilities and private amenity

47A Mile End Road, London

PA/14/291/GMA

Retrospective planning application for the change of use of an ancillary rear storage/office space for a shop unit (A1 use) to residential flat (C3 use).

83 Whitechapel High Street, London, E1 7QX

Retrospective application for the change of use of ground floor from Class A1 to Class A3 with internal seating area, ventilation ducting and extraction system at the rear.

256 Globe Road, London E2 0JD

PA/13/02691/PLA

Change of use of ground floor shop (Use Class A1) to a work/live unit (Sui Generis)

Flat 201, Lexington Building, Fairfield Road, London, E3 2UH

PA/14/156/BMC

The proposal is to alter the internal layout of this second floor double height apartment. Works will involve the replacement of the existing mezzanine floor with a smaller prefabricated mezzanine floor. Also removal of an internal non load bearing partition to create a larger kitchen area.

Flat 28, 135 Wapping High Street, London, E1W 3NH

PA/14/00292/SHT

As part of a general redecoration of the flat, we would like to obtain consent for the following: (i) remove a small partition between the kitchen and living room to create a fully open plan room; (ii) replace the 4x Velux skylights with identical items due to failure of the double glazing

93A Bow Road, London, E3 2AN

PA/14/310 & 311/JTH

Extend rear wall and replace conservatory roof with standing seam zinc. Remove

internal dividing wall, re-wire and install new heating system. Enlarge front window and fit new sash. Provide new access steps to front entrance.

26-28 Brick Lane, London, E1 6RF

PA/14/274 & 281/AWA

New shopfront and advertisement. Display of externally illuminated fascia sign.

101 Whitechapel High Street, London E1 7RA PA/14/00139/SHT

Relocation of ground floor and first floor signs and the installation of a new sign at the ground floor level.

London Dock, 1 Virginia Street, London, E98 1XY PA/14/256 & 258/ADW

Creation of two entrances on the north elevation of the Grade II listed Pennington Street Warehouse together with minor temporary internal and external alterations in connection with the continued use of the building as offices (Use Class B1) for a period of three years (with associated application for listed building consent reference: PA/14/00258).

Unit 3, The Wool House, 74 Back Church Lane, PA/14/00177/MCH London E1 1LX

Conversion of warehouse space into commercial offices within listed building including:

New flooring, partitions and staircase

Surface mounted pendant lighting and A/C cooling units

80 Back Church Lane, London, E1 1LX

PA/14/215/SHT

Application to vary Condition 16 (development in accordance with approved plans) of planning permission dated 01/09/2011, reference PA/11/00142. Variation sought to amend approved drawings further to detailed design.

60 Canton Street, London E14 6EP

PA/14/00259/GMA

Demolition of front porch and erection of two front porches.

Tower Thistle Hotel, 10 Katherines Way, London E1W 1LD

PA/14/00350/ADW

Erection of temporary pop up open sided bar & canopy within the existing terrace

797 Commercial Road, London, E14 7HG

Excavation of basement to provide employment space generated by existing commercial kitchen use.

Unit 12B, Block B, 2 Fawe Street, London, E14 6PD PA/14/25/KCO Erection of new balcony and replacement of Velux windows.

Aldgate Hostel, 7 Dock Street, London, E1 8LL

PA/14/172/SHT

Proposed works:

- 1) repairs and renovations to Dock Street elevation including replacement windows to match existing where necessary.
- 2) Upgrade and repair the fabric of small internal courtyard building
- 3) The erection of a 3-storey infill extension to the north of the Dock Street facade for use as further hostel accommodation and accessed through the main

Brune House And Carter House, London, E1 PA/14/106/SHT

Erection of 3No. bicycle shelters in parking areas serving Brune House and Carter

49 Mowlem Street, London, E2 9HE

Demolition of existing two storey building containing B1 and residential uses construct new B1 unit on Ground and First floors and 9 new flats on upper floors.

186 Hackney Road, London, E2 7QL

PA/14/241/AWA

Application for change of use from retail (A1) to drinking establishment (A4).

Bow Road Police Station, 111 Bow Road, London, E3 2AN PA/14/329/LAB Replacement of internal cavalry stalls with eight loose boxes and associated works to provide more space for horses.

Flat 22, Gun Place, 86 Wapping Lane, London, E1W 2RX PA/14/326/MCH

Internal alterations including the erection of a partition wall to form a separate bedroom, the insertion of a doorway to the kitchen and the replacement of the existing kitchen and bathroom fitting with new.

The following are householder applications and in the event of an appeal against a refusal of planning permission, which is to be dealt with on the basis of representations in writing, any representations made about these applications will be sent to the secretary of state, and there will be no further opportunity to comment at appeal stage.

1 Ellesmere Road, London, E3 5QU

PA/14/287/LAB

Erection of first floor rear extension.

48 Medway Road, London, E3 5BY

PA/14/341/JTH

Proposed basement enlargement and basement light well. New railings to street

11 Alloway Road, London, E3 5AS

PA/14/361/LB

Erection of side extension and general refurbishment works.

Copies of the applications and plans may be inspected between the hours of 9am-5pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 21 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated: 3rd March 2014

OWEN WHALLEY

Head of Planning and Building Control



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LONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING ACT 1990

MAJOR APPLICATIONS UNDER ARTICLE 13(4)) OF THE TOWN AND **COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE)** ORDER 2010 AND OTHER SIGNIFICANT APPLICATIONS.

Footway in Vaughan Way, rear of John Orwell

PA/14/130/MO

Sports Centre, E1W2PT

Installation of 1no 15m monopole and 1no 'Spitfire' equipment cabinet and 1no meter cabinet.

Pavement Land On South Side Of Highway PA/14/213/KHA Opposite Junction Of Ensign Street, The Highway, London

1 no 15m slim line monopole, 1 no equipment cabinet and 1 no meter cabinet.

Telehouse Far East, Sites 6 and 8, Oregano Drive, E14 PA/14/74/SBU

Erection on Site 6 of a new 10 storey data centre building of 66m in height comprising approximately 24,370m2 of floor space including provision of roof top plant and satellite dish; reconfiguration of loading bay area to North building; new first floor bridge link to existing North building; erection on Site 8 of a new 12 storey office development 65m in height comprising approximately 13,283m2 of floor space; provision of car and cycle parking; re-routing of existing cycle path on Sorrel Lane; associated landscaping; provision of security fencing, gates and other associated works.

80 Back Church Lane, London, E1 1LX

PA/14/215/SHT

Application to vary Condition 16 (development in accordance with approved plans) of planning permission dated 01/09/2011, reference PA/11/00142. Variation sought to amend approved drawings further to detailed design.

7 Limeharbour, London, E14 9NQ

PA/14/293/GG

Demolition of the existing building and the construction of a new residential building ranging from 6 to 29 storeys (with additional lower ground level) and comprising 167 residential units, private leisure facilities, a new urban square (including new pedestrian links and hard and soft landscaping), revised vehicle access arrangements, and basement car parking and servicing.

Copies of the applications and plans may be inspected between the hours of 9am-5pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 14 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated 3rd March 2014

OWEN WHALLEY

HEAD OF PLANNING & BUILDING CONTROL



LONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING (ENVIRONMENTAL IMPACT ASSESSMENT) REGULATIONS 2011

NOTICE UNDER ARTICLE 8 OF APPLICATION FOR PLANNING PERMISSION **ACCOMPANIED BY AN ENVIRONMENTAL STATEMENT**

PROPOSED DEVELOPMENT AT: 7 Limeharbour, London, E14 9NQ

PA/14/293/GG

Notice is given that Rolfe Judd Planning on behalf of Telford Homes plc are applying to the London Borough of Tower Hamlets for:

Demolition of the existing building and the construction of a new residential building ranging from 6 to 29 storeys (with additional lower ground level) and comprising 167 residential units, private leisure facilities, a new urban square (including new pedestrian links and hard and soft landscaping), revised vehicle access arrangements, and basement car parking and servicing.

This MAJOR application includes the submission of an Environmental Statement under the provisions of the Town and Country Planning (Environmental Impact Assessment) Regulations 2011

Copies of the application, plans, environmental statement and all other documents may be inspected between the hours of 9am to 5pm, Monday to Friday at the Planning Office, Mulberry Place, 5 Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Copies of the environmental statement may be purchased from Rolfe Judd Planning, Old Church Court, Claylands Road, London, SW8 1NZ, tel. 020 7556 1640 so long as stocks last. (Price on application)

Any person who wishes to make representations relating to this application should do so in writing, within a period of 14 days from the date of publication of this notice to the Head of Planning at the Planning Office address above.

Dated: 3rd March 2014

OWEN WHALLEY

HEAD OF PLANNING & BUILDING CONTROL



It could affect YOU!

You should always take note of a public notice. It is a legal notice to inform the public of a change that could affect them short term or on a permanent basis. It could be anything from a change to a building to the construction of a building. It could be a notice of insolvency of a company you have dealings with or the closure of a footpath you regularly use.

TAKE NOTICE OF PUBLIC NOTIC

LONDON BOROUGH OF TOWER HAMLETS **LONDON LOCAL AUTHORITIES ACT 1990 (AS AMENDED)**

PART III - STREET TRADING

Proposed Designation of Licensed Streets

In pursuance of section 24(4) of the London Local Authorities Act 1990 NOTICE IS HEREBY GIVEN that the London Borough of Tower Hamlets intend to pass a designating resolution designating the below listed streets and locations within the London Borough of Tower Hamlets to be designated as Licence Streets within the meaning of the Act and on the days and between the times (if specified) as set out below.

Representations relating to this notice may be made in writing to the London Borough of Tower Hamlets within 28 days of this notice's publication to the Interim Head of Service, Community Safety, Enforcement and Markets, 131 Commercial Street, London E1 6BJ

Premise/Location	(Days & times)
The footpath opposite The Albert Public House St. Stephens Road, Bow, London E3 5JL Isolated pitches – Food Court	Mon to Sat – 8am to 8pm
The footpath by the East Gate Tower of London, St. Katharines Way opposite Starbucks Isolated pitch for the sale of ice-cream and refreshments or food products at discretion of the Council	Mon to Sun – 8am to 10pm

Public notices

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULA-TION ACT 1984 – SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC - EBOR STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Ebor Street between its junction with Bethnal Green Road and its junction with Redchurch Street.

The restriction on vehicular traffic will enable essential works to be carried out on the public highway by Optimise Thames Water.

The alternative route for vehicular traffic will be via Bethnal Green Road, Club Row, Old Nichol Street, Boundary Street and Redchurch Street.

The restriction on vehicular traffic will operate from Monday 24th March 2014 to Friday 28th March 2014 and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Charlie Harrison, Network Coordinator, Network Management Team, Transport and Highways on 020 7364 6671 or email, charlie.harrison@towerhamlets.gov.uk

Dated: 3rd March 2014

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULA-TION ACT 1984 – SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – PRINCELET STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets made an Order, which will prohibit vehicular traffic from stopping or proceeding in the length of carriageway in Princelet Street from a point 10 metres to a point 60 metres in the westbound direction from its junction with Spelman Street.

The restriction on vehicular traffic will enable essential crane works to be carried out on the public highway by Commhoist Limited.

The alternative route for vehicular traffic will be via Spelman Street, Hanbury Street, Greatorex Street, Chicksand Street, Brick Lane and Princelet Street.

Throughout the duration of the works, and at times when the "no entry" and "one way" traffic signs are covered, the existing one way working in Princelet Street between its junction with Spelman Street and its junction with Brick Lane will be temporarily suspended.

The restriction on vehicular traffic will operate for two weekends on:

- a) Sunday 9th March 2014 from 08:00 hours until 18:00 hours;
- b) Sunday 16th March 2014 from 08:00 hours until 18:00 hours,

when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002

Please refer any queries regarding the above traffic restriction to Charlie Harrison, Network Coordinator, Transport and Highways on 020 7364 6671 or email, charlie.harrison@towerhamlets.gov.uk

Dated: 3rd March 2014

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULA-TION ACT 1984 – SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC

TEMPORARY PROHIBITION OF TRAFFIC - HANNIBAL ROAD E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Hannibal Street between its junction with Stepney Green and its junction with Redman's Road.

The restriction on vehicular traffic will enable essential crane works to be carried out on the public highway by J & M Crane and Transport.

The alternative route for vehicular traffic will be via Stepney Green and Cressy Place and vice versa.

The restriction on vehicular traffic will operate on:

- a) Thursday 13th March 2014 from 08:00 hours until 18:00 hours;
- b) Thursday 20th March 2014 from 08:00 hours until 18:00 hours;

when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Mick Jameson, Network Coordinator, Network Management Team, Transport and Highways on 020 7364 6717 or email, mick.jameson@towerhamlets.go v.uk

Dated: 3rd March 2014

JAMIE BLAKE SERVICE HEAD PUBLIC REALM MULBERRY PLACE 5 CLOVE CRESCENT LONDON E14 2BG

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULA-TION ACT 1984 – SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – FASHION STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Fashion Street for a distance of approximately 50 metres outside no. 20 Fashion Street between its junction with Commercial Street and its junction with Brick Lane.

The restriction on vehicular traffic will enable essential crane works to be carried out on the public highway by M & M Mobile Crane Hire Limited.

The alternative route for vehicular traffic will be via Brick Lane, Quaker Street, Wheler Street, Calvin Street and Commercial Street

The restriction on vehicular traffic will operate on the following two weekends:

a) On Saturday 15th March 2014 from 08:00 hours until

The London Borough of Tower Hamlets (LBTH) seeks organisations or groups of organisations to deliver health improvement services to residents in Tower Hamlets.

Services currently being advertised are:



School Health -

Reference ESCW (PH) 4711. Maximum contract value £1,600,000

Deadline for return of tender is: Wednesday, 16 April 2014

Breast Feeding Support -

Reference ESCW (PH) 4712. Maximum contract value £280,500 per year.

Deadline for return of tender is: Thursday, 17 April 2014

Universal Healthy Start
Vitamins -

Reference ESCW (PH) 4713. Maximum contract value £37,000 per year.

Deadline for return of quotation is: Thursday, 17 April 2014

Child and Family Weight Management -

Reference ESCW (PH) 4710. Maximum value £540,000 per year. Deadline for return of tender is: Wednesday, 16 April 2014

Duration of contracts will be 3 years with annual review/break clause.

Services will be required to follow latest evidence based guidance or agreed best practice. The successful tenderers will be required to demonstrate:

- Community gain and participation in delivery
- Equity of access and delivery across the nine protected characteristics
- Responsiveness to the needs of different groups

Organisations wishing to express their interest are requested to register on the London Tenders Portal via the link below, where the tender documentation will be available for download. You may be required to complete a Pre-Qualification Questionnaire (PQQ).

LBTH uses the e-tendering system, the London Tenders Portal, which is free of charge to suppliers and providers. (Double-click links on this page or copy and paste to your web browser)

https://www.londontenders.org/procontract/supplier.nsf

Tenderers are responsible for allowing sufficient time to submit their ITT/PQQ. The Council accepts no liability whatsoever for ITT/PQQs that are not submitted due to internet connectivity issues, transmission delays or errors.

LBTH is an Equal Opportunities Employer and a supporter of Ethical Governance, our protocol can be found here:

http://www.towerhamlets.gov.uk/lgsl/801-850/828_tenders_and_contracts/guidance_to_suppliers_and.aspx

LBTH does not undertake to invite all applicants or bind itself to accept the lowest or any tender. LBTH will not be liable for any costs incurred in tendering for this contract.

18:00 hours;

b) On Saturday 22nd March 2014 from 08:00 hours until 18:00 hours.

Temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Charlie Harrison, Network Coordinator, Network Management Team, Transport and Highways on 020 7364 6671 or email charlie.harrison@tower hamlets. gov.uk

Dated: 3rd March 2014

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULA-TION ACT 1984 – SECTION 23

PROPOSED PEDESTRIAN CROSSING ST PAUL'S WAY E3, E14

The Council of the London Borough of Tower Hamlets is consid-

ering a proposal to provide a Zebra Crossing in St Paul's Way, approximately nine metres north-west of the junction of Shelmerdine Close and St Paul's Way.

A plan showing the layout of the crossing and associated zig-zag carriageway markings can be inspected, by appointment, during normal office hours on Mondays to Fridays inclusive, until Thursday 20th March 2014, at the Town Hall, Mulberry Place, 5 Clove Crescent, E14 1BY, by telephoning 0207 364 6612.

Any representations regarding the crossing should be sent to the address below by Thursday 20th March 2014.

Dated: 25th February 2014

JAMIE BLAKE SERVICE HEAD PUBLIC REALM TRANSPORT & HIGHWAYS MULBERRY PLACE 5 CLOVE CRESCENT LONDON E14 2BG

CROSSRAIL WORKS CROSSRAIL ACT 2008 ROAD CLOSURES

Merceron Street, E1 will be closed to traffic between 08:00 to 18:00hrs on Saturday 8 March 2014 to facilitate the delivery of large welfare cabins to the Essex Wharf, Durward Street Crossrail site via Swanlea School grounds. Pedestrian access to Merceron Street will be maintained throughout the vehicle restrictions. Follow signed diversion routes via Three Colts Lane or Mile End Road. If works are delayed due to adverse weather the closure will be enforced on the following weekend 15 March instead.

Crossrail Helpdesk (24hr Helpline): 0345 602 3813

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

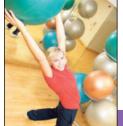
SPECIAL TREATMENT LICENCES

NOTICE IS GIVEN THAT Kelly Panton has applied to the London Borough of Tower Hamlet for Massage, Manicure, Pedicure, Facials and Spray Tanning

Licence(s) for the premises: Pampering Salon, 13 Castalia Square, London E14 3PQ

Anyone wishing to oppose the application must give notice in writing to David Tolley, Head of Consumer and Business Regulation Service, 6th Floor Mulberry Place, 5 Clove Crescent, London E14 2BG WITHIN THREE WEEKS specifying the grounds of opposition.

Persons objecting to the grant of a licence must be prepared to attend in person at a hearing before a Committee of the Council.



Get fit and have fun

To find out more about the wide range of healthy and enjoyable events and activities available at the borough's leisure centres go to your local centre or visit...

WWW.GLL.ORG

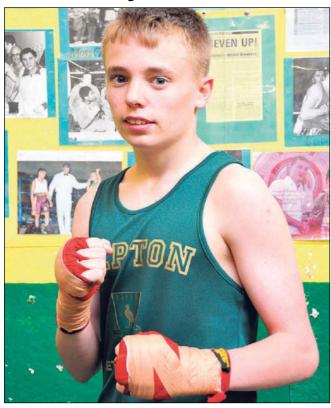
Take the plunge

Disabled swimming sessions are held at Mile End Park Leisure Centre on Wednesdays. For more information...

CALL 7364 3126

Sport

Selection may follow title success



Sunny Edwards is hoping to make the national squad

Pair hope for national call

REPTON duo Jimmy Smith and Sunny Edwards punched their way to more title success - and may now get a chance to perform on the world

The pair from the Bethnal Green club won England Youth championships in Salford and the selectors are now putting their team together for the GB Youth 3 Nations event in Glasgow this week, the World Youth Championships in Sofia, Bulgaria, next month and the Youth Olympics in August.

Smith, who boxes in the Class A 69kg category, is a likely starter. He is currently ranked number five in the world and already has three schoolboy and one NABC title to his credit.

He completed another superb championship by winning the England Youth title with a 3-0 points win over Benjamin Whittaker (Wodensborough).

Whittaker won the opening

BY PETER FAULKNER round, but then Smith took control and completely dominated the next two rounds to win on all the judges' scorecards.

Edwards is not such a clearcut case for selection because the process depends on age and date of birth, but without doubt he would certainly qualify if it depended on ability.

Against the capable Andrew Cain of Everton Red Triangle, the classy Repton boxer, also a previous NABC title winner, displayed real ring craft and was like an elusive shadow when Cain tried to catch him. A truly masterful victory.

But sadly it was not a night to celebrate for club-mates Billy Beer and Joe Kelleher, who were both convincingly beaten.

Beer did not perform to his usual high standard although his opponent, Peter McGrail of Everton Red Triangle, did on this occasion look a class above him.

And Kelleher, who fought Jimmy Tyres of New Biggin, fell to a 3-0 points loss against a stronger opponent.

Sport in brief Swimmers' success

A TEAM of disabled swimmers represented Tower Hamlets in a gala at Carshalton and picked up one silver and four bronze

James Finn won silver and bronze, Samantha Walker won two bronze medals, and Faisal Faraque and Natan Giraudel each picked up a bronze.

Tower Hamlets head coach Victoria Muldoon was delighted with the effort and dedication, and expects great improvement in future galas.

The swimmers take part in sessions on Wednesdays during term-time at Mile End Park Leisure Centre from 6-8pm which is split into a number of sessions for children and adults.

For further information email simon.butler@tower hamlets.gov.uk or call 7364 3126.

Youth stars sought

POPLAR United Football Club are going back to the Workhouse to find the stars of tomorrow.

Following the success of their Syria appeal tournament at the Workhouse, which raised £1,000, they are now launching a Tower Hamlets youth academy.

They are inviting all youngsters aged 12-16 to sign up for training every Sunday between 6.30-8pm at the Workhouse, 116 Poplar High Street, E14.

A Poplar United spokesman said: "There is a lot of young talent in Tower Hamlets and we aim to harness it and see if

we can unearth a new star." For further information call Shajim Miah on 07931 710300 or email poplar-united@ hotmail.co.uk



Luan leads the way

THERE was another eight-medal haul for the Veras Karate Academy with brothers Luan and Liam Veras meeting in two finals at the UK Open championships in Birmingham.

Luan, 9, faced eight-year-old brother Liam in the final of the 4th kyu nine years and under and 3rd kyu (above nine years), winning gold both times.

Luan then fought courageously in the 10-11 years individual category, but lost in the final 1-0 after six gruelling fights.

The youngest of the Veras brothers. Luca. 6. took bronze in the same 4th kyu (nine years and under) category.

In the boys' team kata (up to 13 years of age), Luan, Liam and Emre, 9, put up a great performance and won silver. In the final category of the day – the team fight – the trio took gold.

Fidel Yildiz, 9, taking part in his first competition, put up a good show but was unlucky not to get among the medals.

Tower go top

TWO excellent results in three days put Tower Hamlets FC back on top of the Essex Senior

In the first match, they faced Eton Manor and the game looked like ending in a 1-1 draw – until Luke With popped to snatch a last-minute winner.

Tower Hamlets took the lead through captain Steve Willis' powerful 12th-minute strike.

They could have gone two up when Willis once again broke through, but the keeper saved at his feet

Manor then went straight to the other end and equalised after 16 minutes.

The second half was a tense affair with Tower Hamlets pushing forward and Manor attacking on the break.

Tower Hamlets created and wasted some great chances, before With's low shot clinched the points.

Then came the weekend clash at FC Romania and Tower Hamlets earned a 1-1 draw thanks to goalkeeper Robert Hutton who made some superb first-half saves and a second-half penalty from Tom Havley.

Hamlets setback

FC Hamlets o – TLS 2

FC Hamlets suffered a setback when they were beaten at home and knocked off top spot by their closest rivals.

TLS now have a two-point advantage over Hamlets who are now hoping that the

leaders will slip up before the end of the season

Both teams started brightly with Hamlets creating early chances through Corrin Harrison, John Gilroy and Joe Peat.

However, after ten minutes a ball across the Hamlets back landed perfectly to the TLS forward who drilled home.

Five minutes later, a free kick on the edge of the box was played low and hard into the Hamlets box, and the ball was eventually scrambled over the line to make it 2-0.

Hamlets changed formation for the second half bringing on Ashley King for Johnny Jeannavol. The chances came thick and fast, and first King, then Harrison, went close.

After that George Oakley hit the bar, and Lawrence With had a couple of shots saved.

They will need to step it up for their London Cup semi-final being played as East End Life went to press.

Reama hit five

IN the East London Sunday League, Macca Sports Premier Division Reama came out on top in the first versus second place game while Springfield beat Millwall Albion 5-2 in a return to form and climb up the table.

A home win was awarded to Stratford Juniors as Hackney **Downs B** failed to show.

In the First Division Queensbridge (Marshall and Sampson) pulled further away at the top with a narrow 2-1 victory over Hackney Downs B and second-placed as Arbour lost 2-1 to **St Lucia** (Gustave, 2).

In Division Two, bottom side Castrillon came away with a shock win by beating Cardigan 2-1, while Hale Rangers (Ismail, 2, Ibrahim, Sani, Osman and an own goal) beat Workhouse to get their title challenge back on track.

New Ward Virtue (Field, 3, Sharkie, 2, Cummins, 2) took a step closer to the Division Two title with a 7-2 thumping of **AC** Nightingale.

The last remaining round two Jubilee Cup match saw Cranes (Nelson, 2, and Sam) defeat Young Prince (Harris and an own goal).



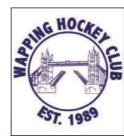
THREE young fighters from from Shadwell's Broad Street Boxing Club - Rubi Haque, Monsur Ahmed and Tommy Green (pictured above) – collected their squad vests from London head coach Dave Sadler for representing the capital on a recent trip to Jersey.



Worlds wait

Repton pair could make Britain's World Youth Championships squad.

SEE PAGE 31



Two decades of progress

Founded in 1988, Wapping Hockey Club have 20 teams, from beginners upwards. Both the men's and ladies' first teams have gained a promotion almost every other year.

WWW.WAPPINGHOCKEYCLUB.COM



Wapping stand to boost growth

BY PETER FAULKNER

WAPPING Hockey Club are planning to build a new spectator stand and hockey pitch as they continue to expand.

Now boasting 20 teams, the club, formed in 1988, are going from strength to strength with nine of their men's first team having international playing experience.

£100.000 has been boosted by the new stand and pitch at the John Orwell Sports Centre in and organising tidy-ups. Tench Street, the money will be planned sports partnerships with schools.

A series of events and initiatives are also planned origin, I feel honoured. and players are volunteering



And its fund-raising target of Wapping player Emily Menzies in action

a sponsorship deal with whisky for the 'Polar Bear Patrol', to more outreach work within pavements in snowy weather,

used for equipment for a man, said: "We are delighted to umpiring courses. welcome Drambuie as an official sponsor of the club.

"As someone of Scottish

"We will be able to do much

maker Drambuie. As well as help clear and grit local the borough while also hitting our fund-raising targets."

Wapping are looking to start Stuart Burnside, club chair- more teams and will be running

> Their new headquarters is at Bar Cape, Thomas More Square, Nesham Street, Wapping, and they play their home matches at the John Orwell.



TWENTY-four teams took part in the halfterm Tower Hamlets Youth League five-aside tournament at Mile End Stadium. Wapping Youth A won the under-14s final agains Bow Juniors; under-12 group A winners FC Osmani (pictured) beat Soul FC 5-1 in their final; and in the under-10s, Vallance defeated ELSA 3-1.



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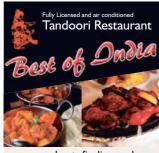
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ry Sunday, Tuesday and Thursday

Wedding Party Bookings Taken Opening Hours: Monday – Saturday 5:30pm to 12 midnight; Sunday 12 noon to 12 midnight 431 Roman Road, Bow, London E3 5LX Tel: 020 8981 8821 / 020 8981 9672

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Street life from 100 years ago

New exhibition offers a candid glimpse into Spitalfields' past

SEE DAG



Goldie show giveaway

Win tickets to new play Kingston 14 at Stratford

SEE PAGE



Royal China appointment

Find out what our reviewer thought of riverside restaurant

SEE PAGE 7

ISSUE 999 3 - 9 MARCH 2014

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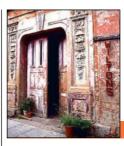
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A modern folk tale

"The story has many layers, a truly poetic modern folk tale. It is a reminder that we must bring people and communities together."

FRANCES MAYHEW, ARTISTIC DIRECTOR OF WILTON'S

Out & about

Comedy

Nuts & Bolts

Launch night headlined by British Comedy Awards winner Cardinal Burns, with support from Canadian Mae Martin and comic trio The Grandees. £10 adv. Sat, Mar 29. 7.30pm. Brady Arts Centre, 192-196 Hanbury Street, E1. www.adamotions.com

Events London Super Comic Convention

The UK's largest comic centric show, featuring 100s of exhibitors displaying their wares from around the world, creators sketching and signing, panels and talks. £18-£32.
Sat, Mar 15, 10am-6pm; Sun, Mar 16, 10am-5pm.
ExCel Centre London, Western Gateway, E16.
01923 260744

http://tinyurl.com/ob4p4qe

Pongathon

A ping pong party providing wall-to-wall ping pong tables set against a backdrop of live visuals, DJs, creative themes, social tournament play, exhibition games and even ping pong robots that take on all-comers. Free entry, pay to play. Alternate Tues from Mar 4. 6-11pm.

Rich Mix 35-47 Bethnal Green Road, E1.

7613 7498 www.richmix.org.uk

Sport Relief Games

Run a mile, swim in the

Aquatics Centre or get on your bike, all in aid of Comic Relief. £5-35.
Fri-Sun, Mar 21-23.
Queen Elizabeth Olympic Park, Stratford, E20.
www.noordinarypark.co.uk

www.sportrelief.com

Exhibitions Becky Beasley: The Walk...in Green

Photographs – in the form of silver prints, postcards and offset litho prints – originally taken by Beasley between 1999-2003, show an intimate relation to nature which,



FREEDOM Week at Rich Mix celebrates the 43rd anniversary of Bangladesh's independence. Running from March 21-27, it features contemporary artists working in the UK, Bangladesh and beyond, and includes music, theatre, talks, workshops and family activities. Highlights include Birangona: Women of War (March 21-23), a play using physical performance, movement and animation interwoven with films of the Birangona women's accounts.

Songs For Freedom (March 21) will see musician Dele Sosimi bringing a range of songs from Bangladesh, India, South Africa, Jamaica and Nigeria that signify freedom. In Celebrating Bangladesh, world-renowned photographer Shahidul Alam will talk about his images of social and cultural landscapes (March 27) and Guerrilla (March 25) is a film exploring the character of Bilkis Banu. For the full programme visit www.richmix. org.uk/whats-on/festival/ freedom-week

similarly to Robert Walser's short story, The Walk, passes through domestic, urban and rural settings. Free. Until Sat, Mar 30. Open Weds-Sat, 11am-6pm; Sun, 12-6pm. Laura Bartlett, 4 Herald Street, E2. www.laurabartlettgallery.com

Erik van Lieshout

Drawings, sculpture and films exploring social interaction and the relationship between collective needs, altruistic acts and individual ambition. Free. Until Sun, Mar 9. Weds-Sun, 11am-6pm.

Sarah Jones

Photographs by the Londonbased artist. Weds, Mar 19-Fri, Apr 18. Weds-Sun, 11am-6pm. Both at Maureen Paley, 21 Herald Street, E2.

Camille Henrot: The Pale Fox

Videos, sculpture and drawings by New York-based French artist, looking at the relationship between the history of the universe and the world of the artist's studio. Free. Until Sun, Apr 13. Open Weds-Sun, 1-6pm. Chisenhale Gallery, 64 Chisenhale Road, E₃. 8981 4518 www.chisenhale.org.uk

War Games

Exhibition exploring the role of warfare in children's play from 1800 to the present day. Investigate how toys recreate and represent war. Free. Ends Mar 9, open daily. V&A Museum of Childhood, Cambridge Heath Road, E2. 8983 5200

Music Haraket

Genre-crossing Peckham fivepiece supported by People People, The Savage Nomads, Rad Frü and Finn Johansson, and DJs. £5. Fri, Mar 7. 8pm. George Tavern, 373

Commercial Road, E1.

7790 7335

Foster The People

LA synth-poppers promote their second album Supermodel. £20. Sat, Mar 24. 7pm. Troxy, 490 Commercial Road, E1. www.troxy.co.uk



Broadway hit comes back to its roots

Oh! What A Lovely War was first performed at Theatre Royal Stratford East in 1963 and was an immediate hit, transferring to the West End and opening on Broadway in 1964.

Nurturing new talent

Rich Mix is a cultural charity that brings cinema, performing arts and music to east London.

WWW.RICHMIX.ORG.UK

Out & about

Music Space Live

Live music event that showcases some of the best young musical styles and sounds from the area. Line-up to be confirmed. Free. Tues, Mar 25. 6pm. Rich Mix, 35-47 Bethnal Green Road, E1. 7613 7498 www.richmix.org.uk

Red Sky at Night

A weekly night of folk, roots, blues, gypsy jazz and Americana from London buskers and bands. £4. Every Mon in Mar. 7pm. Jamboree, 566 Cable Street, E1W. www.jamboreevenue.co.uk

Wormfood presents United Vibrations + Hyperpotamus

Live AV show from south
London 4-piece United
Vibrations in the run-up to
launch of their 2nd album The
Myth of the Golden Ratio,
fusing elements of jazz, afro,
punk. Support comes from
Hyperpotamus – a multi-vocal
solo artist from Madrid.
£10/£8. Sat, Mar 15. 8pm.
Rich Mix 35-47 Bethnal Green
Road, E1.
www.richmix.org.uk

Poetry Fjender – The Enemies Project: Danish Poetry

7613 7498

Contemporary poets from Denmark read original works of avant garde/literary poetry with British peers. Featuring Morten Sondergaard, Cia

Tales of survival bought to life on stage

SEE BELOW

BY RUSSELL COTMAN

WILTON'S Music Hall is serving its last full scale production before the second phase of building works begins.

Father Nandru and the Wolves is centred on a log church built 500 years ago in a small village deep in the heart of Transylvania, where today the villagers still worship.

But when Eveline, the lop-faced daughter of a leading family, elopes with Vadim, the crippled son of the Roma dancing clan, Father Nandru has 24 hours to pull the situation back from the brink.

At the last moment, mysterious wolves emerge from the forest with surprising advice – but the same evening Father Nandru has a catastrophic vision of the

village's demise and sinks into despair.

Now the little community must put aside their differences once and for all and pull together if anything is to survive into the future.

The play is based on a true story from the Ceaucescu period in Romania when plans were laid for the destruction of thousands of villages to maximize land for agricultural production.

It features larger-than-life puppetry, a live gipsy music score and the story will be told in verse. Background information will be available for schools to download.

Frances Mayhew, artistic director of Wilton's, said: "I first heard the story of a secret buried church from my father, Jeffrey Mayhew, when he came back from one of his trips.

"He had always thought it would make a good play and when Julian Garner had the inspiration to write the story as you will see now in Father Nandru and the Wolves, it felt

like it was developed alongside Wilton's own story of survival like parallel lines."

Father Nandru and the Wolves runs from March 18-April 18 (preview week Mar 1824). Tuesday to Saturday nights at 7.3 opm, matinees at 2pm (Mar 19, 20, 26 & 27). Tickets are £19.50-£25 (£13-£18.50 in preview week) from **www.wiltons. org.uk** or call 7702 2789.

Rinne, Martin Glaz Serup, SJ Fowler and Peter Jaeger. Free. Sat Mar 15. 7pm. Rich Mix 35-47 Bethnal Green

www.richmix.org.uk 7613 7498

Jawdance

Open mic night for poets, plus film shorts and star turns. As part of Freedom Week, Bangladeshi MC Naga headlines. Arrive early to secure an open mic slot. Free. Weds, Mar 26. 7.3 opm. Rich Mix 35-47 Bethnal Green Road, E1.

www.richmix.org.uk 7613 7498

Theatre Colour at Half Moon

Featuring music played on variety of instruments including the rare Appalachian dulcimer, trombone, violin, drum and base, harmonica and trombone. Colour is a series of linked stories exploring the lives of young people as they navigate friendship and families. £6. From Weds-Tues, Mar 5-11 (performance times vary). Half Moon Theatre, 43 White Horse Road, E1.

7709 8900. www.halfmoon.org.uk

The Musical Detective Agency

All-singing, all-dancing show performed by Tice Oakfield as James Holland, a detective, singer, womaniser and animal lover. £14/£9 concs. Tues-Sat, Mar 4-8. 7.30pm. The Space, 269 Westferry Road, E14.

7515 7799 www.space.org.uk

Oh! What a Lovely War

Classical musical returns to its Stratford roots with a new production to mark its 50th anniversary. Until Mar 15. Theatre Royal Stratford East, Gerry Raffles Square, Stratford. 8534 0310 www.stratfordeast.com

Walks Spitalfieds Crypt Trust East End Walk

Lasting around 90 minutes, the walk takes in Jewish and Huguenot history, graffiti, markets, and stories of the East End. £7. Sun Mar 30. 10.30am. Starts at Christchurch, Spitalfields, Commercial Street, E1. 7613 572

MARCH 2014 PROGRAMME OF EVENTS

VISUAL ARTS

KATE MALONE A CELEBRATION OF CLAY

INTIL 14 MARCH

UNTIL 14 MARCH LOBBY, ONE CANADA SQUARE / FREE AFTER HOURS WITH...

FINLEY QUAYE
WEDNESDAY 12 MARCH
7.45PM (DOORS 7PM)
EAST WINTERGARDEN / £20

COUNTRY COLLECTIVE WITH RAINTOWN, GARY QUINN & HANNAH JANE LEWIS

THURSDAY 13 MARCH / 7.30PM (DOORS 6.45PM)
EAST WINTERGARDEN / £15

LET'S GET PHYSICAL AT CANARY WHARF FOR SPORT RELIEF MONDAY 17 - SUNDAY 23 MARCH THROUGHOUT CANARY WHARF

Donations required. All proceeds to Sport Relief. Sport Relief is an initiative of Comic Relief.

CANARY WHARF SQUASH CLASSIC MONDAY 24 - FRIDAY 28 MARCH EAST WINTERGARDEN / SOLD OUT

CANARY WHARF SPRING/SUMMER FASHION WEEKEND

FRIDAY 28 – SUNDAY 30 MARCH THROUGHOUT SHOPPING MALLS FREE TO VISIT FOR MORE INFORMATION VISIT CANARYWHARF.COM

twitter @YOURCANARYWHARF

BOOKING

Online: seetickets.com / Tel: 0871 220 0260 In person: On the door (subject to availability)

Booking fees apply. If you do not require TicketPlan Refund Protection please untick the box on the Order Details page. All details correct at time of press.



Win tickets

Tickets up for grabs to see Goldie at Theatre Royal Stratford East.



Finley's back for Wharf date

Scottish musician Finley Quaye won the 1997 Mobo for best reggae act and was named Best British Male at the BRITs in 1998. His debut album Maverick a Strike went double-platinum.

Get a Life!

Dance

Argentinian tango E14

Class. Sat 2-5pm. £5. St John's Community Hall, 37 Glengall Grove, E14. 7538 3852

Ballroom/Latin American

Fri, 2-4pm, £2.50, 20p refreshments. Kingsley Hall, Powis Road, E3. 8550 1392

Belly dancing

Beginners' belly dancing classes. Sats, 2-3pm, £6. Oxford House, Derbyshire Street, E2. 07796 850506

Brazilian dance aerobic

Weds 9-10am & Thurs, 1-2pm. Alpha Grove Centre, Isle of Dogs, E14 7538 1714

Energize4Girlz

South African gumboot dancing. Every other Saturday from 11am-12:30pm. St Pauls Shadwell Church, 302 The Highway, E1. energize4girlzdance@ gmail.com

Green Candle Senior Dance

Over-60s, no experience is necessary.

Tues, 10.30am-12.30pm, one free taster session. Oxford House, Derbyshire Street, E2. 7739 7722

Salsa

For dancers of all experience, followed by dancing until midnight. Prices vary. Every Tues & Weds, 7.30-9.30pm. The Urban Bar, 176

Life after dementia



PEOPLE say your whole life flashes in front of your eyes before you die, but what happens when you have dementia?

Dark Matter is an exploration of how people with dementia cope with the end of their life, the end of their memory.

Set in a contemporary care home, it uses visual and physical storytelling methods including movement and puppetry to descend into the hallucinatory mind of a man, Alfi, who suffers from dementia in the twilight of his life. Follow his past and his hallucinations in order to make sense of his life.

Dark Matter is a devised-puppetry performance and was conceived when the founders of Vertebra Theatre were working as activity co-ordinators with people with dementia at a nursing home in London.

Vertebra is a newly formed company and Dark Matter is its first theatre production.

It runs at The Space, 269 Westferry Road, E14 from March 11-15 at 8pm. Tickets £8 (£6 concessions) on 7515 7799 or at online www.thespace.org.uk

Whitechapel Road, E1. 07932 658861

Zumba Fitness classes

Open to all adults. Every Thursday from 7-8pm. Glamis Residents' Hall, 414 Cable Street, E1. 07946 483246 ilona.charles@hotmail.co.uk

Zumba classes

Every Tues 11.15am-12.15pm. £1.

St Matthias Community Centre, 113 Poplar High St, E14. 7515 8362

Kids **Ballet**

Classes every Thurs - ages 3-5 yrs, 3.50-4.25pm, £4; ages 6-11 yrs, 4.25-5.10pm, £4. Alpha Grove Centre, Isle of Dogs, E14.

Deaf after school club

For ages 5-12. Mon-Fri, 4-6pm. Tower Project, 45-55 White Horse Road, E1. naima@towerproject.org.uk 7790 9085

per term, plus concessions. Chisenhale Dance Space, 64-84 Chisenhale Road, E3 8081 6617

Pollyanna Training Theatre

Drama and musical theatre for ages 4-16 in Wapping, E1. 7481 1911

Rhyme time

Thurs, 2-3 pm. Watney Market

1.30pm, term-time. Oxford House, Derbyshire Street, E2. 8556 5348

Music

Creative Unity steel band

Parent & child Dance play

Dance and movement for parents/carers and their children aged 1-4. Weds, 10-11am. £3.50/class or £2/class

Kids' Creative Dance Classes

For ages 2-11 on Sat mornings. £44-49.50 per term or £4.50/£5 chisenhaledancespace.co.uk

Library, 30-32 Watney Market, E1. 7790 4039

Young & talented?

Performing arts group for 6to 16-year olds. Sats, 10.30am-

Steel pan classes Thurs, 6.30-8.30pm. St Matthias Community Centre, 113 Poplar High Street, E14. 07808 847974

if paid termly.

Language of Dance, Oxford House, Derbyshire Street, E2. 7749 1131

Yoga for pregnancy and mums and babies

Pregnancy class suitable from 14 weeks. Mums and babies classes suitable from six weeks until baby is crawling. 07958 645978 www.clareday-yoga.co.uk

Island Tots

CANARY Wharf's After Hours with... event has pulled

Finley Quaye. The Mobo and Brit awards winner in the

1990s is on the road again promoting his new album,

Royal Rasses. In 1997 his singles Sunday Shining and

Even After All - taken from his debut album, Maverick A

Strike, which became a multi-platinum seller – reached

43 Bank Street, Canary Wharf, E14 at 7.45pm (doors open

Seetickets.com or on 0871 220 0260 (booking fee applies).

the UK Top 20. After Hours with... Finley Quaye plus

7pm) on Wednesday, March 12. Tickets are £20 from

special guest Lucy Cait is at East Wintergarden,

another retro rabbit out of its hat in the shape of

For childminders, parents and kids ages 0-4. Mon-Fri, 1-3pm, term-time. 55 Club, Samuda Estate, Stewart Street, E14. 7538 3292

Toyhouse library

Mons, 1.30-3.30pm, Halley Primary School, Halley Street, E14. Tues, 2-3.30pm, Cayley School, Aston Street, E14. Weds, 9.20-10.45am, Harry



FAMILY ANNOUNCEMENTS

Are you are looking to celebrate or remember someone dear to you?

Whatever you want to say, use East End Life to make your announcement. Your announcement must reach us by the Monday before the publication date you require. Send the text of your announcement including your contact details to East End Life Family Announcements, Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG or e-mail to:

 $terri.knight@towerhamlets.gov.uk \mid sharan.ahmed@towerhamlets.gov.uk$ christine.o'doherty@towerhamlets.gov.uk | fatima.khan@towerhamlets.gov.uk

> $6 \times 1 (60 \text{mm high } \times 41 \text{mm wide}) = £10$ **Sizes and prices:** $6 \times 2 (60 \text{mm high } \times 85 \text{mm wide}) = £20$ Pre-payment by credit or debit card, cheque (payable to LBTH).



Limited edition prints available to buy

C A Mathew's Spitalfields images are preserved in the archives at Bishopsgate Institute and have been carefully restored by contemporary Spitalfields photographer Jeremy Freedman.

Get a Life!

Candid camera on Spitalfields' streets

A CENTURY and a year since they were taken, a collection of candid photographs of east London street life are on display in the heart of the area in which they were captured.

On April 20, 1912 little-known photographer C A Mathew took a stroll from Liverpool Street station to Spitalfields, taking his camera with him.

The result was a collection of images, which contrast sharply with the more formal, posed pictures which were the norm at the time.

Mathew's images show the people, the streets and the everyday details, just as he himself would have seen them.

He lived in Brightlingsea on the Essex coast, and began taking photographs just a year before this collection was taken. He died four years later, but his images have been preserved in the archives at Bishopsgate Institute and have been carefully restored by contemporary Spitalfields photographer Jeremy Freedman.

Limited edition prints are available for purchase, with the institute receiving a donation from each sale.

A series of events curated by the institute will run alongside this

C A Mathew Photographs of Spitalfields a Century Ago opens on Friday, March 7

dish, served for just £3, takeaways available. Tuesdays, 4-8pm.

07501 468 193

people drop-in times

Trinity Centre, Key Close, E1. 7790 8478

Birchfield OAPs club

For more information call 7247 1816 or

info@elevenspitalfields.com

Mon-Fri, 7-9.30pm; Weds, 1-4pm. 50 Saltwell Street, E14.

Fern Street Settlement Club Fern Street, E3.

7987 1949

Little Spitz' under-5s playgroup Sun, 10am-12pm, 50p. Tours and stories.

Spitalfields City Farm, Buxton Street, E1. 7247 8762

Tower Hamlets U3A

T'ai Chi, jazz appreciation, art appreciation, history walking and more or over-50s. £7.50 yearly membership. Various days and times. St Margaret's House Settlement, 21 Old Ford Road, E2.

7247 4283



(Above) Looking north on Norton Folgate towards Shoreditch High Street. Many buildings have survived, including The Crown and Shuttle pub. (Right) Bell Lane looking towards Crispin Street, E1





Roberts Nursery, Harford Street, E1. 1-2pm, TH Opportunity Playgroup, 583 Commercial Road, E1. 9-11am, Old Church Nursery, Walter Terrace, E1, 9-11am. Alice Model Nursery School, 14 Beaumont Grove, E1.

Social a Bees Café

Healthy vegetarian and fish

RedGreen 6

Kingsley Hall Community Centre, Powis Road, E3. Asian deaf/hard of hearing

Tues, 10am-1pm, free. minicom 7791 0105

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TOWER HAMLETS COUNCIL PRESENTS

INTERNATIONAL WOMEN & GIRLS' **WEEK**

SATURDAY MARCH 8 -FRIDAY MARCH 14, 2014

ACTIVITIES INCLUDE:

Zumba, boxing, cycling, cardio tennis, football, bollywood dancing, henna painting, threading, cheerleading, beauty plus more...

Just pick up a leaflet and complete the back to register

VARIOUS VENUES ACROSS THE BOROUGH:

For a full list of sessions across the borough visit: www.towerhamlets.gov.uk/sports or email: sport4women@gll.org

A free event brought to you by

Tower Hamlets Council, Sport4Woman scheme and partners

SATURDAY 8TH MARCH | 12NOON - 5.00PM

Zumba dance, bollywood dance & cycling Spotlight, 30 Hay Currie Street, London E14 6DN www.poplarharca.co.uk

TUESDAY 11TH MARCH

Cardio tennis, bokwa, cheerleading, bollywood dance, zumba dance, badminton, ergo/kayak paddling machines, table tennis, aqua jog, water aerobics, threading, henna, chair massage & nails.

Children over 5's: Face painting & dance sessions (with an accompanying parent/guardian) York Hall Leisure Centre, Old Ford Road, Bethnal Green, E2 9PJ

pauline.stewart@towerhamlets.gov.uk sport4women@gll.org

WEDNESDAY 12TH MARCH | 10.00 - 2.30PM

Brazilian dance, swim, water work out, boxing, mum & toddler dance, nails/massage, threading, henna

Tiller Leisure Centre, Tiller Road, Docklands, E14 8PX

pauline.stewart@towerhamlets.gov.uk sport4women@gll.org



THURSDAY 13TH MARCH | 10.00 - 2.30PM

Celebrating women - health walk and swim St George's Leisure Centre, 221 The Highway, E1W 3BP sport4women@gll.org

FRIDAY 14TH MARCH | 6.00 - 7.00PM

Womens' football Mile End Stadium, Rhodeswell Road, London E14 7TW sport4women@gll.org



For more information: www.towerhamlets.gov.uk/sports email sport4women@gll.org or call 020 7364 2433



Intensive Courses 07950 567 20



about police corruption, starring Goldie (left).

Jamaican Joker You've got to be in it to win it...

Kingston 14 is a new play To enter the competition below, send your name, address and phone number on a postcard, with the right answer, to: East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar E14 2BG by Friday, March 14, or email

EASTENDLIFE.NEWS@TOWERHAMLETS.GOV.UK

Reader offer

Goldie takes centre stage in latest guise

KINGSTON, Jamaica is the corruption in a hidden corner of James Bond film The World is setting for the spring production at Theatre Royal Stratford East, with DJ and artist turned actor Goldie in the lead role.

14 follows the story of a at the theatre in 1996. British police officer who is sent to the Jamaican capital talents and careers, has worked to investigate the murder of a in music and as a contemporary/ UK tourist

As he struggles to lead a proper investigation, muchby Goldie) is brought into Everybody Loves the Sunshine custody and a series of events lead to the climax uncovering

the island.

Kingston 14 is the latest play Olivier Award-nominated playwright Roy Williams, whose Named after the district in first professional play, The No which the play is set, Kingston Boys Cricket Club, was staged

Goldie, a man of many graffiti artist, DJ, actor and able on all performances.

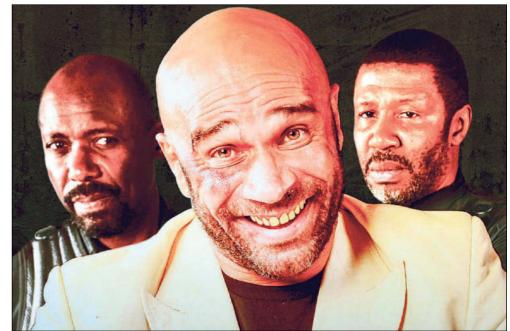
and then in Guy Ritchie's Snatch and as villain Bullion in the

Not Enough.

He has also appeared in TV by BAFTA award-winning and programmes including the BBC documentary By Royal Appointment in 2011 in which he explored the transformative power of music in young people's lives.

> Kingston 14 runs from Friday, March 28 to Saturday, April 26. Tickets start from just £6 to £22.50, with concessions avail-

To book tickets call the box His first film role was in office on 8534 0310, visit feared gang leader Joker (played David Bowie's gangland movie **www.stratfordeast.com** or book in person at Theatre Royal Stratford East, Gerry Raffles Square, E15.



Win tickets to see (from left) Trevor Laird, Goldie and Brian Bovell

PHOTO BY ROBERT DAY

■ East End Life has joined up with the theatre to offer readers the chance to win one of two pairs of tickets for top seats and a souvenir programme for any performance between March 28 and April 5 (subject to availability).

Just answer the question below and send your answer to the address above by Friday, March 14. marked Kingston 14.

In which Bond film did Goldie appear? For more details visit www.stratfordeast.com







Five good reasons to eat five a day?

1. They're full of vitamins. 2. They help keep your weight down. 3. They're a source of antioxidants. 4. They cut the risk of heart disease and some cancers. 5. They are delicious! like to advertise on this page,

www.5aday.nhs.uk

Boost your business

Restaurant reviews are a popular feature of East End Life. If you would

CALL OUR ADS TEAM ON 7364 4940

Eating out, eating in

You get what you pay for at classy Chinese

BY GORDON BLUE

WITH so many Chinese restaurants it's not always easy to know where to go for dim sum or a banquet.

The Royal China has been known for some time as one of the better places and has become a bit of a brand to which standards are set.

This riverside branch of the dynasty has wonderful views and would be an idyllic spot in the height of summer. Working with the current climate we've got, we quickly scuttled inside to be enveloped in the rather glamorous cocktail bar and waiting area.

Service is swift and exact. It's hard not to feel that you're in safe hands. Our jasmine tea and wine was served with military precision and speed, setting the pace for the rest of the meal which erred a little on the speedy side (though soon slowed down with our ability to eat every last grain of rice).

Starters of crispy seaweed, baby squid and spring rolls arrived and were, on the whole,



Delicious, but a little pricey – popular for special occasions

cabbage (not the most loved of with julienned veg and

delicious. The seaweed was vegetables) was shredded and mountainous and exactly what fried into umami deliciousness. you'd expect, while the green The spring rolls were packed

steaming with flavour, however the squid was lacklustre with little seasoning and tasted as though it had been fried in stale oil

Prawns with cashew nuts was the memorable main, the large meaty prawns enlivened with garlic. My main of pak choi stir-fried with garlic was a good partnership but expensive at over a tenner.

We had jasmine tea rather than dessert which left us feeling virtuous, as did the obvious lack of MSG (monosodium glutamate) and over-seasoning throughout. I guess you get what you pay for and if you want authenticity with no flavouring shortcuts then you pay for it.

Two ate heartily, with delicious glasses of wine chosen from a long list, for just over £60 not including tip.

The joint is packed with Chinese people, which is probably the best testament any Chinese restaurant can have, and is clearly a destination for celebrations and anniversaries.

The Royal China is at 30 Westferry Circus, E14. Tel: 7719 0888.

Pack your own healthy lunch

MAKING your own lunch as well as helping you feel can be a cheap and easy way to keep healthy at work.

fuller for longer.

Other healthy snack ideas for the working day Mackerel is include carrot sticks, baby very healthy tomatoes, cucumber source of prosticks. a tein and handful of other unsalted nutrients. nuts (pictured) Chickpeas and seeds, a pot contain soluble of natural yoghurt and fibre which can chopped banana, apple

Spicy mackerel salad – serves 2

reduce cholesterol in the body, and raisins.

Ingredients

125g tinned mackerel fillets, in Half a red onion, finely sliced olive or sunflower oil 540g tinned potatoes in water (or leftover cold potatoes), drained & chopped in halves Half tsp chilli powder 410g chickpeas in water, 2 cloves garlic, crushed

drained 2 tbsp olive oil or rapeseed oil (for salad dressing) Juice of half a lemon

Method

1. Flake the mackerel into a large bowl, add the chopped pota $toes, onions, chick peas \, and \, mix.$ 2. In a separate bowl, whisk together the olive oil or rapeseed your working day.

oil, lemon juice, chilli powder and crushed garlic.

3. Pour the mixture on top of the salad and mix together. Place in plastic containers, ready for

By Kate Sparkes, associate nutritionist at Barts Health

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www.wappingdentalcentre.com



International Women's Day 2014: Inspiring Change

Saturday 8 March 2014, 12noon - 5pm Brady Arts Centre, 192-196 Hanbury St, London, E1 5HU Join us in celebrating the achievements of young women with live music, a talent showcase and special guest Martine Wright - Paralympian and 7/7 survivor.

A week long programme of activities have been organised for young women across the borough to celebrate International Women's Day. Find out more by visiting www.towerhamlets.gov.uk/youth





